

St. Michael Antiochian Orthodox Church of the San Fernando Valley
a Parish of the Antiochian Orthodox Christian Archdiocese of North America
16643 Vanowen Street; Van Nuys, California; 91406 stmichaelvannuys.org

His Eminence, Metropolitan SABA, of the Antiochian Orthodox Christian
Archdiocese of North America www.antiochian.org
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Head Usher - Ramez Hage jeddo.ramez@gmail.com

The Proto-martyr Thekla, Equal-to-the-Apostles and The First Sunday of Luke

The Venerable Silouan of Athos

Sunday, September 24, 2023

Tone 7; Eothinon 5

Apolytikion of the Resurrection (Tone 7)

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

Apolytikion of St. Thekla the Proto-martyr (Tone 3)

O glorious Thekla, companion of Paul the divine, thou wast enflamed with the love of thy Creator, by the teaching of the divine preacher. Thou didst despise the passing earthly pleasures, and offered thyself to God as an acceptable and pleasing sacrifice, disregarding all suffering. Intercede with Christ thy Groom to grant us His Great Mercy..

Apolytikion of St. Silouan the Athonite (Tone 4)

By prayer thou didst receive Christ as thy teacher in the way of humility, and the Spirit bore witness to salvation in thy heart. Wherefore, all peoples called unto hope rejoice in this day of thy memorial, O sacred Father Silouan. Pray unto Christ our God for the salvation of our souls..

Apolytikion for our Patron, Michael the Archangel (Tone 2)

O ye foremost of the heavenly hosts, we beseech thee, though we are unworthy, pray that we may be encompassed with a shadow of thine unearthly glory; preserving us who kneel and cry endlessly: Deliver us from oppression since ye are the prince of the highest powers.

Kontakion of the Theotokos (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Daily Readings

THE EPISTLE (for St. Thekla)

God is wondrous among His saints. Bless ye God in the congregations.

The Reading from the Second Epistle of St. Paul to Timothy (3:10-15)

Timothy, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured! Yet from them all, the Lord rescued me. Indeed, all, who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to instruct you for salvation through faith in Christ Jesus.

THE GOSPEL (for the First Sunday of Luke)

The Reading of the Holy Gospel is according to St. Luke (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid;

henceforth you will be catching men.” And when they had brought their boats to land, they left everything and followed Him.

The Synaxarion

On September 24 in the Holy Orthodox Church, we commemorate the holy Great-Martyr Thekla, equal-to-the-Apostles.

Verses

Himself that rent the rock saveth thee, O Thekla,
At Whose Passion once the rocks were rent asunder.

On the twenty-fourth the rock welcomed Thekla.

She was born in Iconium of eminent but pagan parents. At age 18, she was betrothed to a young man named Thamyris at the same time that the Apostle Paul arrived in Iconium with Barnabas to preach the Gospel. Hearing Paul’s testimony for three days and nights, Thekla converted to the Christian Faith, and vowed to live in virginity. Her mother, seeing that she was now ignoring her betrothal, tried to dissuade her, and then beat her and tortured her by starvation. Finally, this wicked mother turned Thekla over to the judge and demanded that Thekla be burned. The judge threw her into the fire, but God preserved her unharmed by pouring rain on the fire. Once in an arena and sentenced to death, Thekla saw a vat of water that contained carnivorous seals. Thekla jumped into the vat and baptized herself. Lightning killed all of the seals before they could eat her. Another time, a lioness protected her from other wild beasts. Once, as a group of arrogant young men were about to catch Thekla, a large rock opened up and hid this holy virgin. This rock in Maaloula, Syria was her refuge and her tomb, and the site of the monastery which she founded, the oldest Christian convent in the world. Thousands of pilgrims flock to it yearly for healing of ailments.

On this day, we also commemorate the Venerable Silouan of Athos, born in 1866 as Simeon Ivanovich Antonov of devout parents of Sovsk, Tambov, Russia. At age 27, he received the prayers of St. John of Kronstadt and went to Mt. Athos where he became a monk at the Russian monastery of St. Panteleimon. He received from the Holy Theotokos the gift of unceasing prayer, and had a vision of our Lord Jesus Christ in glory in the church of the holy Prophet Elias adjoining the mill of the monastery. After the withdrawal of that first grace, he was oppressed by profound grief and great temptations for fifteen years, after which he received from Christ the teaching, “Keep thy mind in hell, and

despair not.” He reposed on September 24, 1938. He left behind his writings which were edited by his disciple and pupil, St. Sophrony of Essex.

By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

OFFERINGS

Special offerings and requests for prayer are being made . . .

by Darlene Namay-Ortega and family in cherished memory of her brother, Alan George Namay who passed away from this earthly life (+21 September, 2022). May Alan rest in the eternal peace of God’s heavenly kingdom.

for Andrew Keoni Baclig, celebrating his seventeenth birthday (Sept. 23) by his grandfather. May God keep him in his protective care.

for the forty-day memorial of the newly-departed Archpriest, Joseph Shaheen (+4 August, 2023) by Michael C. Srou. Memory eternal.

LITURGICAL CALENDAR

NOTE: Wednesdays and Fridays are observed as days of fasting

The Seventeenth Sunday after Pentecost and The Second Sunday of Luke

Great Vespers – Saturday, September 30th, 5 p.m.
Sunday, October 1st - Orthros, 8:30 a.m., Divine Liturgy, 10 a.m.

ANNOUNCEMENTS

Parish Council Nominations

On Sunday, November 19, 2023 we will be holding a brief virtual and in-person Special Meeting of the Voting Membership solely for the purpose of receiving and accepting nominations for Parish Council members to be elected for there (3), three-year terms (January, 2024 to December, 2026).

At this meeting the Nominations Committee will present their report and additional nominations will be open from the floor.

It is important that persons being considered be able to fulfill the commitment to serve. Therefore it is necessary that all nominees first be personally asked if they would accept nomination, and second be approved by the Pastor as someone who is qualified. The Parish Constitution prescribes that all nominees must be at least twenty-five years of age or older, have been a pledging members of the parish for at least one year and have fulfilled the canonical requirements of the Faith [Article VI, Sec. 2]. The nominees must also be committed in attending monthly Parish Council meetings held on the third (3rd) Sunday of each month.

We sincerely thank Connie Abdun-Nur Barilla [having service eight (8) consecutive years, and this year as Council Chair; unable to be nominated or appointed]; Joe Ayoub [ending his second (2nd) term; unable to be nominated; able to be appointed]; Deacon Andrew Monsue [ending his second (2nd) term; unable to be nominated; able to be appointed]; and Judy Bitar [completing her first (1st) term; able to be nominated or appointed]. Our one-year appointed members whose terms are expiring are: Michael Mitchell [completing his first (1st) year appointed and able to be nominated], and Maria Safady [completing her second (2nd) year appointed; able to be nominated or appointed].

If necessary, the Parish Council election will be held on two (2) consecutive Sundays: November 26 and December 3. Council members whose terms are unexpired are: Subdeacon Richard Ajalat, John Khouri, Britton McLinn, Constantine Nasr, Michael Paraskevas and Kris Thabit. Charmaine Darmour is also completing her twelfth (12th) consecutive year as President of the Antiochian Women. All interested in serving on the Parish Council should contact: Kris Thabit, Nominations Chair at: kthabit66@hotmail.com or speak with Father Timothy.

Weekly Bible Study on the Book of Exodus Has Concluded

We will continue our Bible Study each Tuesday evening in a few weeks. Recordings of previous Bible Studies are available by request.



ST. MICHAEL CHURCH SCHOOL 2023 - 2024

REGISTER NOW!

START DATE

SEP 24TH

CURRICULUM

ROMANS

CLASSES

Pre-K - Kindergarten

1st - 3rd Grade

4th - 6th Grade

7th - 12th Grade



FOR MORE INFORMATION, CONTACT COOPER ROWE
SUPERINTENDENT@STMICHAELVANNUYS.ORG

ST. MICHAEL ANTIOCHIAN CHURCH
Young Adults

CHEESE & WINE

NIGHT

| Sept 29

07.00 PM



Join us for a night of wine
and cheese and fellowship,
Hosted by Will & Bre

5849 Ranchito Ave Sherman Oaks, California 91401

St. Nicholas

ANTIOCHIAN ORTHODOX CATHEDRAL



Festival



WIN
2023
TOYOTA
CAMRY

SATURDAY & SUNDAY
OCTOBER 7 & 8, 2023

2300 W. 3RD STREET, LOS ANGELES, CA 90057

\$5
ENTRANCE
FEE

SATURDAY: 3:00PM - 11:00PM

SUNDAY: 12:00PM - 10:00PM

CHURCH
TOURS

KIDS UNDER 10 - FREE

LIVE MUSIC & DJ

FIDEL FAYAD



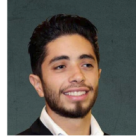
MICHEL ASHKAR



MICHEL ASLAN



CHARBEL BASSIL



FADI HAWANI



VENDORS AND RENTAL INQUIRIES, AD BOOK, DONATIONS: PLEASE CONTACT ZIAD SALEH AT 818-288-8716



BEER
+
WINE

MANAKEESH
KABAB . GYRO . TACOS .
FALAFEL . KIBBEH MASHWEYEH
SWEETS & MUCH MORE



KIDS ACTIVITIES
CARNIVAL GAMES .
BOUNCY HOUSE & MORE



2023 TOYOTA CAMRY
SILENT AUCTION
SPORT COLLECTIBLES

SMOKING IN DESIGNATED AREAS ONLY

Upcoming Events

[Note: You may now access our Google Parish Calendar to your personal calendar.

Simply go to: <https://calendar.google.com/calendar/u/1?cid=YWRtaW5Ac3RtaWN0YWVsdmFubnV5cy5vcmc>

First Sunday of Church School - Sunday, September 24th

Young Adult Wine and Cheese - Friday, September 29 at 7 p.m.
(5849 Ranchito Ave., Sherman Oaks, 91401); RSVP to William Nehme
(See flier with this bulletin)

Lake Balboa Neighborhood Town Hall - Saturday, October 14, 2023
at 1 p.m. Discussion on State Housing Mandate

St. Nicholas Cathedral Festival - Saturday, Sunday, October 7-8, 2023
Saturday, 3-11 p.m., Sunday, 12 noon to 10 p.m.

Diocesan Fall Gathering - Friday-Sunday, October 13-15, 2023
Hosted by St. James Church (Modesto, California); Register at:
saintjamesmodesto.org

St. Michael Feast Day Celebration - Saturday, November 4
Potluck and "Game Night" following Great Vespers, 5 p.m.
Sunday, November 5 - Divine Liturgy and Parish Luncheon

Special Meeting of the Voting Membership
for Accepting Parish Council Nominations - Sunday, November 19

Church School Christmas Program - Sunday, December 10

Note to Coffee Hour hosts: coffee and paper goods will be provided each week.

Holy Bread Offering List

Oct 01 - open
Oct 08 - open
Oct 15 - The Ababseh family
Oct 22 - Marcelle Chaffin

Coffee Hour Hosts Calendar

The Ababseh family

Please contact Fr. Timothy (818/219-3761; frtimothy@stmichaelyannuys.org) to sign-up
to offer Holy Bread or host the coffee hour.

Sale of Storage Items

Furniture in a that needs to be sold in a Mission Hills Self Storage unit is available for anyone interested by contacting Father Timothy for more information at: 818-219-3761 or at: frtimothy@stmichaelvannuys.org

Stock Donation Option

A charitable donation of long-term appreciated securities, i.e., stocks, bonds and/or mutual funds that have realized significant appreciation over time is one of the best and most tax-efficient of all ways to support St. Michael Church. There are two main advantages: 1) Any long-term appreciated securities with unrealized gains (meaning they were purchased over a year ago, and have a current value greater than their original cost) may be donated to the church with the benefit of receiving a tax deduction for the full fair value of the securities—up to 60% of the donor's adjusted gross income; 2) since the securities/stock is being donated rather than sold, capital gains taxes from selling the securities no longer apply. And the more appreciation the securities have, the greater the tax savings will be. Please speak with or contact Ron Zraick, Chair of the Capital Funds Campaign Committee for more information at: <ronaldzraick@yahoo.com>.

Our 2023 Pledge Form Provided with this Bulletin

Our parish depends upon the financial pledge commitments of its members in order to meet its monthly expenses. Our 2023 budget has included the increase of costs and was expanded to include additional maintenance expenses for our new church sanctuary. A hardcopy of the Pledge Form is provided with this bulletin, is also available in the church narthex, or will be mailed to you by request.

As a committed member of St. Michael Church, please complete a new 2023 form. An annual “Fair Share Contribution” is paid by St. Michael Church to the Archdiocese (\$50/adult; \$35/17 years of age or under). If you have completed a Pledge Form and would like to receive an six-month update of your contributions, please send your request to our Treasurer, Britton McLinn at: britton@stmichaelvannuys.org Our Six-month Financial Summary will be soon mailed to our members. Thank you.

St. Michael Antiochian Orthodox Church
16643 Vanowen Street, Van Nuys, CA 91406 Phone: 818-994-2313
Website: www.stmichaelvannuys.org

2023 CHRISTIAN STEWARDSHIP COMMITMENT FORM

1. All enrolled members must first fulfill a fair share contribution that is paid 100% by St. Michael Church to the Archdiocese annually (this does not include your family pledge obligation BELOW).

Total number of baptized Orthodox persons (age 18 & above) in your household _____ \$50 each _____

Total number of baptized Orthodox persons (age 17 & under) in your household _____ \$35 each _____

(Please print all names with information in the section below)

2. In gratitude of God's blessings, I / we pledge to contribute St. Michael Church expenses.

A total annual amount of: ____ (see Treasure self-assessment chart)

\$ _____ weekly \$ _____ monthly \$ _____ quarterly \$ _____ semi-annually \$ _____ annually

Name _____ Spouse Name _____

Phone number _____ E-mail Address _____

Address _____ City _____ State _____ Zip _____

3. How do you wish to pay? We accept personal checks or credit card payments. (See below)

- a. You may write a check to "St. Michael Church" and mail it to the Church Office. (see address above)
- b. You may process an "automatic bill pay" with your bank that will mail a recurring monthly hard-copy earmarked check to St. Michael Church.
- c. You may pay by credit card using our website donation page (a 3% processing fee will apply) at: <https://www.stmichaelvannuys.org/donate/> and we will be immediately notified.
- d. You may arrange for a recurring monthly automatic withdrawal from your bank account using our church bank routing number and bank account.

Note: Each donation to St. Michael Church should be earmarked, i.e., "Building Fund," "Pledge," etc.

Print names of baptized Orthodox persons in your household.

Name Age

Name Age

Name Age

Name Age

Name Age

POTLUCK & GAME NIGHT

FEATURING

SCRABBLE	BACKGAMMON
WHIST	CHES/CHECKERS
BINGO	CONNECT FOUR
CORNHOLE	CARD GAMES
MONOPOLY	PING PONG
JEOPARDY! LIVESTREAM	
GUESS HOW MANY? JARS	



ST. MICHAEL FEAST
DAY
Celebration

SATURDAY, NOVEMBER 4
VESPERS AT 5PM
GAME NIGHT & POTLUCK TO FOLLOW

SCAN QR CODE TO BRING FOOD OR PLEASE
BRING A \$5/PERSON GOOD WILL OFFERING

SEE CARRIE KHOURI (310.617.6886),
COOPER, ROWE, OR CINDY TAMOUSH
(CINDY.TAMOUSH@GMAIL.COM) FOR MORE!



Camp St. Nicholas Resident Manager Sought

The Resident Manager at Camp St Nicholas in Frazier Park CA has submitted her resignation after twelve years of service. We are now actively seeking candidates to interview for this position. The position is an exempt, full time, salaried position. It is required that the candidate reside at the house provided on the camp site for this purpose (the cathedral covers all utilities and repairs required at the house). The position includes the same healthcare benefits offered to all full time employees of St Nicholas Cathedral, and currently also includes a small life insurance policy. For more information, please contact Father Andrew Andrews at: frandrewa@stnicholasla.com

EOTHINON 5

الايوثين 5

STONE 7

الحن 7

THE PROTO-MARTYR THEKLA, EQUAL-TO-THE-APOSTLES AND THE FIRST SUNDAY OF LUKE

VENERABLE SILOUAN OF ATHOS

أبوليتيكيون للقيامة بالحن السابع

حَطَمْتَ بِصَلِيْبِكَ الْمَوْتَ، وَفَتَحْتَ لِلصَّ الْفِرْدَوْسَ، وَحَوَّلْتَ نَوْحَ حَامِلَاتِ الطَّيْبِ، وَأَمَرْتَ رُسُلَكَ أَنْ يَكْرِزُوا، بِأَنَّكَ قَدْ قُمْتَ أَيُّهَا الْمَسِيحُ الْإِلَهُ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى

أبوليتيكيون للقديسة تقلا بالحن الثالث

أَيَّتُهَا الْمَجِيدَةُ تَقْلَا، يَا رَفِيقَةَ بُولُسِ الْإِلَهِيِّ. لَمَّا أَلْتَهَيْتِ بِحُبِّ خَالِقِكَ، مِنْ تَعَالِيمِ الْكَارِزِ الْإِلَهِيِّ، أَرْدَرَيْتِ الْأَرْضِيَّاتِ الرَّائِلَةَ، وَقَدَّمْتِ نَفْسَكَ لِلَّهِ ضَحِيَّةً مُقَدَّسَةً مَقْبُولَةً، غَيْرَ خَائِفَةٍ مِنَ الْعَذَابَاتِ. فَابْتَهَلِي إِلَى الْمَسِيحِ الْإِلَهُ خَتْنِكَ، أَنْ يَمْنَحَنَا الرَّحْمَةَ الْعُظْمَى.

أبوليتيكيون للقديس سلوان الآثوسي بالحن الرابع

بِصَلَوَاتِكَ أَقْتَبَلْتُ الْمَسِيحَ كَمِثْلِ مُعَلِّمِكَ، عَلَى سَبِيلِ التَّوَّاضِعِ. وَالرُّوحُ الْقُدُّسُ شَهِدَ فِي قَلْبِكَ لِخَلَاصِكَ. لِذَلِكَ كُلُّ الشُّعُوبِ الْمَدْعُودَةِ إِلَى الْخَلَاصِ تَفْرَحُ وَتُعِيدُ لِتَذْكَارِكَ. فَيَا أَيُّهَا الْأَبُ سِلْوَانُسُ، تَشْفَعْ إِلَى الْمَسِيحِ الْإِلَهُ، فِي خَلَاصِ نَفُوسِنَا.

طروبارية رؤساء الملائكة باللحن الرابع
أيها المتقدمون على الأجناد السماويين، نتوسل إليكم نحن غير المستحقين، حتى أنكم
بطلباتكم تكتنوفوننا بظلاً أجنحة مجدكم غير الهولي، حافظين إيانا نحن الجاثين
والصارخين بغير فتور، أنقذونا من الشدائد، بما أنكم رؤساء مراتب القوات العلوية

قنفاق السيدة على اللحن الثاني

يا شفيعا المسيحيين غير المخذولة، المتوسطة لدى الخالق غير المردودة، لا تعرضي عن أصوات
طلباتنا نحن الخطأة، بل تداركينا بالمعونة بما أنك صالحة نحن الصارخين إليك بإيمان: بادري إلى
الشفاعة وأسري في الطلبة، يا والدة الإله المتشفعة دائماً في مكرميك

الرسالة

عَجِيبٌ هُوَ اللهُ فِي قَدَيْسِيهِ. فِي الْمَجَامِعِ بَارِكُوا اللهُ.

فَصْلٌ مِنْ رِسَالَةِ الْقَدِيسِ بُولِسِ الرَّسُولِ الثَّانِيَةِ إِلَى تِيْمُوثَاوَسِ.

يا ولدي تيموثاوس إنك قد استقرت تعليمي وسيرتي وقصدي وإيماني وأناتي ومحبتتي
وصبري. واضطهاداتي والامي وما أصابني في إنطاكية وأيقونية ولسترة. وأية
اضطهادات احتملت وقد أنقذني الرب من جميعها. وجميع الذين يريدون أن يعيشوا
بالتقوى في المسيح يسوع يضطهدون. أما الأشرار والمغشون من الناس فيزدادون شراً
مضلين ومضلين. فأستمر أنت على ما تعلمته وأيقنت به عالماً ممن تعلمت. وأنت منذ
الطفولية تعرف الكتب المقدسة القادرة أن تصيرك حكيماً للخلاص بالإيمان بالمسيح
يسوع.

الإنجيل

فصل من بشارة القديس لوقا

في ذلك الزمان، كان يسوع على شاطئ بحيرة جنيسارت، فازدحم الناس عليه ليسمعوا
كلام الله. ورأى قاربين راسيين عند الشاطئ، خرج منهما الصيادون ليغسلوا
شباكهم. فصعد إلى واحد منهما، وكان لسيمعان، وطلب منه أن يبتعد قليلاً عن البر.
وجلس يسوع في القارب يعلم الجموع. ولما ختم كلامه، قال لسيمعان: «سير إلى العمق

وَأَلْقُوا شِبَاكُمْ لِلصَّيْدِ». فَأَجَابَهُ سِمْعَانُ: «تَعْبَنَا اللَّيْلَ كُلَّهُ، يَا مَعْلَمُ، وَمَا اصْطَدْنَا شَيْئاً. وَلَكِنِّي أَلْقِي الشُّبَاكَ إِجَابَةً لِطَلَبِكَ». وَفَعَلُوا ذَلِكَ فَأَمْسَكُوا سَمَكًا كَثِيرًا، وَكَادَتْ شِبَاكُهُمْ تَتَمَزَّقُ. فَأَشَارُوا إِلَى شُرَكَائِهِمْ فِي الْقَارِبِ الْآخِرِ أَنْ يَجِيبُوا وَيُسَاعِدُوهُمْ. فَجَاؤُوا وَمَلَأُوا الْقَارِبَيْنِ حَتَّى كَادَا يَغْرَقَانِ. فَلَمَّا رَأَى سِمْعَانُ مَا جَرَى وَقَعَ عَلَى رُكْبَتَيْ يَسُوعَ وَقَالَ: «ابْتَعِدْ عَنِّي، يَا سَيِّدِي! أَنَا رَجُلٌ خَاطِئٌ». وَكَانَ فِي دَهْشَةٍ هُوَ وَرِفَاقُهُ كُلُّهُمْ لِكثْرَةِ السَّمَكِ الَّذِي اصْطَادُوهُ. وَمِثْلُهُمْ يَعْقُوبُ وَيُوحَنَّا، ابْنَا زَبْدِي وَشَرِيكَ سِمْعَانَ. فَقَالَ يَسُوعُ لِسِمْعَانَ: «لَا تَخَفْ! سَتَكُونُ بَعْدَ الْيَوْمِ صَيَّادَ بَشَرٍ». وَلَمَّا رَجَعُوا بِالْقَارِبَيْنِ إِلَى الْبَرِّ، تَرَكُوا كُلَّ شَيْءٍ وَتَبِعُوا يَسُوعَ.

ملاحظة بخصوص تناول القربان المقدس

إن مفهومنا لتناول القربان يعنى عمومية المشاركة فيه لذوى العقيدة الواحدة، الا إن المشاركة في سر القربان المقدس هنا مقتصر فقط على أعضاء الكنائس الارثوذكسية والذين يحضرون أنفسهم بالصلاة والصوم والاعتراف منذ فترة قريبة (وعلى كل حال، فإننا ندعو الجميع للمشاركة فى الخبز المقدس الذى يوزع عند إنتهاء مراسيم القداس). رجاء مراجعة الكاهن. إذا رغبت أن تصبح عضواً فى الكنيسة الارثوذكسية.