

**St. Michael Antiochian Orthodox Church of the San Fernando Valley**  
**a Parish of the Antiochian Orthodox Christian Archdiocese of North America**  
**16643 Vanowen Street; Van Nuys, California; 91406** [stmichaelvannuys.org](http://stmichaelvannuys.org)

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# **The Third Sunday after Pentecost and the Third Sunday of Matthew**

## **The Apodosis (Leave-taking) of the Forerunner's Nativity**

Venerable Martyr Febronia of Nisbis; Venerable Prokopios of the Ivriion  
Skete on Athos

**Sunday, June 25, 2023**

**Tone 2; Eothinon 3**

### **Apolytikion for the Resurrection (Tone 2)**

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

### **Apolytikion for the Nativity of St. John the Baptist (Tone 4)**

O prophet and Forerunner of Christ God's coming to us, all we who with longing now extol thee are at a loss to honor thee worthily. For thy mother's barrenness and father's long silence, by thine all-renowned and hallowed birth, were both ended, and the Incarnation of the Son of God is preached unto all the world.

### **Apolytikion for our Patron, Michael the Archangel (Tone 2)**

O Euphemia, Christ's comely virgin, thou didst fill the Orthodox with gladness and didst cover with shame all the heretics; for at the holy Fourth Council in Chalcedon, thou didst confirm what the Fathers decreed aright. O all-glorious Great Martyr, do thou entreat Christ God that His great mercy may be granted unto us.

### **Kontakion for the Theotokos (Tone 2)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

## **Daily Readings**

THE EPISTLE (For the Third Sunday after Pentecost)

*The Lord is my strength and my song. The Lord has chastened me sorely.*

### **The Reading from the Second Epistle of St. Paul to the Romans (5:1-11)**

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

THE GOSPEL (for the Third Sunday of Matthew)

### **The Reading of the Holy Gospel is according to St. Matthew (6:22-33)**

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul

more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."

## **The Synaxarion**

On June 25 in the Holy Orthodox Church, we take leave of the commemoration of the Nativity of the Forerunner and Baptist John; and we commemorate the holy Venerable Martyr and much-suffering Febronia of Nisibis.

### ***Verses***

A dowry for Febronia, fair among women, is her severed head.

How fair thy dowry, O woman!

On the twenty-fifth Febronia gave her neck to the sword.

Febronia betrothed herself to Christ and was tonsured a nun in Assyria, in a convent where her aunt Bryaena was abbess. Lysimachus, the son of a nobleman, desired to wed Febronia, but since Emperor Diocletian suspected him to be a secret Christian, he sent Lysimachus to the east with his uncle Silenus to apprehend and kill Christians. Silenus did this everywhere without mercy. Lysimachus, on the contrary, spared the Christians wherever he could and hid them from his beast-like uncle. Silenus came to Nisibis and Febronia's convent. Hearing about her great wisdom and meekness, Silenus ordered that Febronia be brought to him. When the holy virgin refused to deny Christ, Silenus ordered her to be cruelly beaten and killed. However, a horrible punishment and death from God befell Silenus the same day. Lysimachus ordered that Febronia's miracle-working body be honorably buried and he, with many

other soldiers, were baptized. Febronia suffered and took up habitation in eternal blessedness in 302.

On this day, we also commemorate the Venerable Prokopios of the Iviron skete on Athos. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

## **OFFERINGS**

Holy Bread and Sacramental wine is being offered by Samir & Amira Boutari for their healing and continued health with prayers of thanksgiving for Pastor Timothy Baclig and the kindness of our St. Michael parish community.

Holy Bread and Trisagion Prayers are offered by Barbara Bohamed and family for the newly-departed servant of God and cousin, Helene (Bohamed) Claytor (+21 June, 2023); the forty-day memorial of sister, Carol McHugh (+13 April, 2023), and the twenty-five year memorial of her beloved husband, Eli Bohamed (+19 June, 1998), also with prayers offered for the continued health of her family. Memory eternal.

Holy Bread and Trisagion Prayers are offered for the Nine-day Memorial for profoundly beloved and missed Diane Elizabeth Nassir (+19 June 2023), by her husband, Dr. Peter Bandurraga; nieces, nephews and great-nephews, Nicole and Robert Webster, Gabrielle, Robert, Robert Joseph and Jonathan Camacho, and Greg, Erin, Reed and Blake Nassir; and sister-in-law, Minnie Tobey Lush. May our good Lord grant precious, most loving and cherished Diane everlasting life in Glory with Him. Memory eternal!

Holy Bread is being offered by Beverly Ansara in honor and loving memory of her beloved stepson, Matthew Ansara (+25 June, 2001), and her beloved husband, Michael Ansara (+31 July, 2013). Memory eternal.

Holy Bread is also being offered for the good health of Daphne Thabet, by Deacon Andrew & Bobbie Monsue and Michael & Pat Malouf.

Memorial Wheat is being offered and today's coffee hour hosted in loving memory of the newly-departed Fahima Elias (+20 June, 2023) in Syria, the beloved grandmother of Mary Minassian. Memory eternal.

Special offerings and requests for prayer are being made . . .

for the continued health of Carolyn Sadd.

for Rachel Grundler celebrating her birthday (June 26).

May God grant her many years!

## LITURGICAL CALENDAR

*NOTE: We are within the period of the Apostles Fast that continues through Wednesday, June 28<sup>th</sup>. The Feast of the Holy Apostles will be celebrated this Wednesday and Thursday at the Diocesan Parish Life Life Conference at the Irvine Marriott [18000 Von Karman Avenue; Irvine, California 92612]*

### **The Feast of the Holy Apostles Peter & Paul**

Great Vespers – Wednesday, June 28<sup>th</sup>, 5 p.m.

Orthros – Thursday, June 29<sup>th</sup>, 8:45 a.m., Divine Liturgy, 8 a.m.

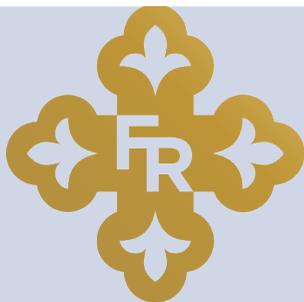
### **The Placing of the Robe of the Theotokos in Blachernae and The Fourth Sunday of Matthew**

Great Vespers – Saturday, July 1<sup>st</sup>, 5 p.m.

Orthros – Sunday, July 2<sup>nd</sup>, 8:45 a.m., Divine Liturgy, 10 a.m.

Faithtree Resources has just released its new course that is worth your time.

Click here to learn more: <https://www.faithtree.org/divine-liturgy>



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RESOURCES

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*Divine Liturgy: The Greatest Invitation*—our brand new course that

will help you experience God in the Liturgy like never before—is available now!

Taught by priests, teachers, ministry leaders, and laypeople, **this course will give you perspectives and tools to help you encounter God in a more meaningful way.**

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**REGISTER  
NOW!**

**10-14  
JULY**



**SUPER SAINTS**  
LITTLE LIGHT OF CHRIST

**VACATION  
BIBLE  
SCHOOL**



**9am-12pm  
PRE-K  
THROUGH 5TH**



**ST. MICHAEL ANTIOCHIAN  
ORTHODOX CHURCH**

16643 Vanowen Street, Van Nuys, CA 91406



**COST  
\$50  
Per Child**

**\$40 per child  
if registered  
before June 10**



**FAITHTREE  
RESOURCES**

# ANNOUNCEMENTS

## Join in our Parish Bible Study Zoom Meeting

Our next Bible Study will be held on Tuesday evening, June 27th, at 7 p.m. We will be continuing our study of the Ten Commandments (Exodus 20). A link to the Zoom meeting will be sent out on Tuesday. Sessions are recorded for those unable to attend who may also request the link to the study. Plan to join us.

## Raies-Murr Educational Trust Scholarship

Only members, in good standing of St. Michael Antiochian Orthodox Church (Van Nuys) or St. Nicholas Antiochian Orthodox Cathedral (Los Angeles) and who have been accepted to or are currently enrolled in a **publicly supported** (not private) institution of higher learning, including eligible **publicly supported** vocational, technical and trade schools, are eligible to apply for a Raies-Murr Scholarship. Applications can be obtained by e-mailing Mallory Murr at: <RaiesMurrScholarship@gmail.com>. The applications must be returned by July 24, 2023.

## Our 2023 Pledge Form Provided with this Bulletin

Have you completed a financial pledge for the 2023 calendar year? Is your contributions up-to-date? Everyone's financial situation is subject to changes from year to year. In the same way, our parish depends upon the financial pledge commitments of its members in order to meet its monthly expenses. A hardcopy of the Pledge Form provided this bulletin and available in the church narthex will be mailed to you by request or may be printed directly from this bulletin. As a committed member of St. Michael Church, please complete a new 2023 form. An annual "Fair Share Contribution" is paid by St. Michael Church to the Archdiocese (\$50/adult; \$35/17 years of age or under). If you have completed a Pledge Form and would like to receive an six-month update of your contributions, please send your request to our Treasurer, Britton McLinn at: [britton@stmichaelvannuys.org](mailto:britton@stmichaelvannuys.org) Six-month reports will be provided in July following our June Financial Report. Thank you.

**St. Michael Antiochian Orthodox Church**  
**16643 Vanowen Street, Van Nuys, CA 91406 Phone: 818-994-2313**  
**Website: www.stmichaelvannuys.org**

## 2023 CHRISTIAN STEWARDSHIP COMMITMENT FORM

**1. All enrolled members must first fulfill a fair share contribution that is paid 100% by St. Michael Church to the Archdiocese annually (this does not include your family pledge obligation BELOW).**

Total number of baptized Orthodox persons (age 18 & above) in your household \_\_\_\_\_ \$50 each \_\_\_\_\_

Total number of baptized Orthodox persons (age 17 & under) in your household \_\_\_\_\_ \$35 each \_\_\_\_\_

(Please print all names with information in the section below)

**2. In gratitude of God's blessings, I / we pledge to contribute St. Michael Church expenses.**

A total annual amount of: \_\_\_\_\_ (see Treasure self-assessment chart)

\$\_\_\_\_\_ weekly    \$\_\_\_\_\_ monthly    \$\_\_\_\_\_ quarterly    \$\_\_\_\_\_ semi-annually    \$\_\_\_\_\_ annually

Name \_\_\_\_\_ Spouse Name \_\_\_\_\_

Phone number \_\_\_\_\_ E-mail Address \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**3. How do you wish to pay? We accept personal checks or credit card payments. (See below)**

- a. You may write a check to "St. Michael Church" and mail it to the Church Office.  
(see address above)
- b. You may process an "automatic bill pay" with your bank that will mail a recurring monthly hard-copy earmarked check to St. Michael Church.
- c. You may pay by credit card using our website donation page (a 3% processing fee will apply) at: <https://www.stmichaelvannuys.org/donate/> and we will be immediately notified.
- d. You may arrange for a recurring monthly automatic withdrawal from your bank account using our church bank routing number and bank account.

**Note: Each donation to St. Michael Church should be earmarked, i.e., "Building Fund," "Pledge," etc.**

Print names of baptized Orthodox persons in your household.

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## Upcoming Events

[Note: You may now access our Google Parish Calendar to your personal calendar. Here is the link: <https://calendar.google.com/calendar/u/1?cid=YWRtaW5Ac3RtaWN0YWVsdmFubnV5cy5vcmc>]

**St. Demetrios Greek Orthodox Church Festival**  
(Camarillo) Sunday, June 23-25

**Diocesan Parish Life Conference** hosted by St. Luke Church  
(Garden Grove) June 28 to July 2, 2023; Irvine Marriott; [www.lapl.org](http://www.lapl.org)

**St. Michael Vacation Bible School (VBS)**  
Monday-Friday, July 10-14, 2023; Ages Kindergarten to 5th Grade  
Register at: <https://www.faithtree.org/vbs-2023-registration>

**Teen Pool Party** - Saturday, July 15, 11 a.m. to 3 p.m.

**56th Biennial Antiochian Archdiocese Convention** hosted by  
St. George Church (Phoenix, Arizona); July 23-30, 2023  
Go to: [www.ac2023az.org](http://www.ac2023az.org)

**St. Michael Feast Day Celebration**  
Saturday-Sunday, November 4-5, 2023

**Note to Coffee Hour hosts: coffee and paper goods will be provided each week.**

### **Holy Bread Offering List**

Jul 02 - open  
Jul 09 - open  
Jul 16 - open  
Jul 23 - open

### **Coffee Hour Hosts Calendar**

Jeannette Omeisah  
Jeannette Omeisah  
Jeannette Omeisah  
Jeannette Omeisah

Please contact Fr. Timothy (818/219-3761; [frtimothy@stmichaelvannuys.org](mailto:frtimothy@stmichaelvannuys.org)) to sign-up to offer Holy Bread or host the coffee hour.

## Sponsorships of Sanctuary Items

Sponsorships or dedications of items and iconography of our new church sanctuary are available. Please contact Father Timothy for more information and questions at: [frtimothy@stmichaelvannuys.org](mailto:frtimothy@stmichaelvannuys.org)

**THE THIRD SUNDAY AFTER PENTECOST AND  
THE THIRD SUNDAY OF MATTHEW**

**Apodosis (Leave-Taking) of the Forerunner's Nativity**

Venerable Martyr Febronia of Njsibis; Venerable Prokopios of the Iviron skete on Athos

وداع عيد ميلاد القديس يوحنا السابق

القديسة الشهيدة فبرونية من نصيبين، والبار بروكوبيوس إسقيط الإيفيرون في اثوس

**طروبارية القيامة باللحن الثاني**

عندما انحدرت إلى الموت، أيها الحياة الذي لا يموت، حينئذ أمت الجحيم ببرق لاهوتك، وعندما أقت الأموات من تحت الثرى، صرخ نحوك جميع القوات السماويين: أيها المسيح الإله المعطي الحياة، المجد لك.

**أبوليتيكيون لميلاد السابق يوحنا المعمدان باللحن الرابع**

أيها النبي السابق حضور المسيح، إنا نحن مكرميك بشوق، نعجز عن مدحك كما يجب. إذ أن بميلادك الشريف الموقر، إنحل عقر أمك ورباط لسان أبيك، وكُرز للعالم بتجسد ابن الله.

**طروبارية رؤساء الملائكة باللحن الرابع**

أيها المتقدمون على الأجناد السماويين، نتوسل إليكم نحن غير المستحقين، حتى أنكم بطلباتكم تكتنوفوننا بظل أجنحة مجدكم غير الهولي، حافظين إيانا نحن الجاثين والصارخين بغير فتور، أنقذونا من الشدائد، بما أنكم رؤساء مراتب القوات العلوية.

**قنداق للقديسين على اللحن الثامن**

أيها الرب البارئ الخليقة، إن المسكونة تقدم لك الشهداء اللابسي الله كباكير الطبيعة. فبتوسلاتهم احفظ كنيستك في سلام دائم، من أجل والدة الإله، يا جزيل الرحمة.

**الرسالة**

قُوَّتِي وَتَسْبِحَتِي الرَّبُّ. أَدْبَا أَدْبَنِي الرَّبُّ.

فَصَلُّ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسَ الرَّسُولِ إِلَى أَهْلِ رومية. (5:1-10)

يا إِخْوَةَ، إِذْ قَدْ بَرَزْنَا بِالْإِيمَانِ، فَلَنَا سَلَامٌ مَعَ اللَّهِ بِرَبَّنَا يَسُوعَ الْمَسِيحِ. الَّذِي بِهِ حَصَلَ أَيْضًا لَنَا الدُّخُولُ بِالْإِيمَانِ إِلَى هَذِهِ النِّعْمَةِ الَّتِي نَحْنُ فِيهَا مُقِيمُونَ وَمُفْتَخِرُونَ فِي رَجَاءِ مَجْدِ اللَّهِ. وَلَيْسَ هَذَا فَقَطْ، بَلْ أَيْضًا نَفْتَخِرُ بِالشَّدَائِدِ، عَالِمِينَ أَنَّ الشَّدَّةَ تُنَشِئُ الصَّبْرَ. وَالصَّبْرُ يُنَشِئُ الامْتِحَانَ وَالامْتِحَانُ الرَّجَاءَ وَالرَّجَاءُ لَا يُخْزِي. لِأَنَّ مَحَبَّةَ اللَّهِ قَدْ أُفِيضَتْ فِي قُلُوبِنَا بِالرُّوحِ الْقُدُسِ الَّذِي أُعْطِيَ لَنَا. لِأَنَّ الْمَسِيحَ، إِذْ كُنَّا بَعْدُ ضَعْفَاءَ، مَاتَ فِي الْأَوَانِ عَنِ الْمُنَافِقِينَ. وَإِلَّا يَكَادُ أَحَدٌ يَمُوتُ عَنِ بَارٍّ، فَلَعَلَّ أَحَدًا يُقَدِّمُ عَلَيَّ أَنْ يَمُوتَ عَنِّي صَالِحًا. أَمَّا اللَّهُ فَيَدُلُّ عَلَيَّ مَحَبَّتَهُ لَنَا بِأَنَّهُ، إِذْ كُنَّا خَطَاةً بَعْدُ، مَاتَ الْمَسِيحُ عَنَّا. فَبِالْأُخْرَى كَثِيرًا، إِذْ قَدْ بَرَزْنَا بِدَمِهِ، نَخْلُصُ بِهِ مِنَ الْغَضَبِ. لِأَنَّ إِذَا كُنَّا قَدْ صَوْلِحْنَا مَعَ اللَّهِ بِمَوْتِ ابْنِهِ وَنَحْنُ أَعْدَاءُ، فَبِالْأُخْرَى كَثِيرًا نَخْلُصُ بِحَيَاتِهِ وَنَحْنُ مُصَالِحُونَ.

## الإنجيل

الله باركوا المجمع في. قدسيه في الله هو عجيب  
الأمم جميع يا هذا اسمعوا

(3:23-29; 4:1-5) غلاطية أهل إلى الرسول بولس القديس رسالة من فصل

أَنَّ الْعَبِيدَ الْإِيمَانِ إِلَى عَلَيْنَا مُغْلَقًا، النَّامُوسِ تَحْتَ مَحْرُوسِينَ كُنَّا الْإِيمَانُ جَاءَ قَبْلَمَا، إِخْوَةَ يَا الْإِيمَانُ جَاءَ مَا بَعْدَ وَلَكِنْ. بِالْإِيمَانِ نَتَبَرَّرَ لَكِي، الْمَسِيحِ إِلَى مُؤَدِّبِنَا النَّامُوسِ كَانَ قَدْ إِذَا. يُعْلَنُ اعْتَمَدْنُمُ الَّذِينَ كُلُّكُمْ لَأَنَّ. يَسُوعَ بِالْمَسِيحِ بِالْإِيمَانِ اللَّهُ أَبْنَاءُ جَمِيعًا لَأَنَّكُمْ. مُؤَدِّبٌ تَحْتَ بَعْدَ لَسْنَا لَأَنَّكُمْ، وَأَنْتَى ذَكَرْتُ لَيْسَ. حُرٌّ وَلَا عَبْدٌ لَيْسَ. يُونَانِيٌّ وَلَا يَهُودِيٌّ لَيْسَ: الْمَسِيحِ لَبَسْتُمْ قَدْ بِالْمَسِيحِ وَرَثَةَ الْمَوْعِدِ وَحَسَبَ، إِبْرَاهِيمَ نَسَلٌ إِذَا فَنَأْتُمْ، لِلْمَسِيحِ كُنْتُمْ فَإِنَّ. يَسُوعَ الْمَسِيحِ فِي وَاحِدٍ جَمِيعًا هُوَ بَلْ. الْجَمِيعِ صَاحِبٌ كَوْنِهِ مَعَ، الْعَبْدُ عَنِ شَيْئًا يَفْرُقُ لَا، قَاصِرًا الْوَارِثُ دَامَ مَا: أَقُولُ وَإِنَّمَا كُنَّا، قَاصِرِينَ كُنَّا لَمَّا: أَيْضًا نَحْنُ هَكَذَا. أَبِيهِ مِنَ الْمَوْجِلِ الْوَقْتِ إِلَى وَوَكَلَاءَ أَوْصِيَاءَ تَحْتَ مَوْلُودًا، أَمْرًا مِنْ مَوْلُودًا ابْنَهُ اللَّهُ أَرْسَلَ، الزَّمَانِ مَلَأَ جَاءَ لَمَّا وَلَكِنْ. الْعَالَمِ أَرْكَانِ تَحْتَ مُسْتَعْبِدِينَ التَّبَنَّى لِنَنَالَ، النَّامُوسِ تَحْتَ الَّذِينَ لِيَفْتَدِي، النَّامُوسِ تَحْتَ

إن مفهومنا لتناول القربان يعنى عمومية المشاركة فيه لذوى العقيدة الواحدة، إلا إن المشاركة في سر القربان المقدس هنا مقتصر فقط على أعضاء الكنائس الأرثوذكسية والذين يحضرون أنفسهم بالصلاة والصوم والاعتراف منذ فترة قريبة (وعلى كل حال، فإننا ندعو الجميع للمشاركة في الخبز المقدس الذى يوزع عند إنتهاء مراسم القداس). رجاء مراجعة الكاهن. إذا رغبت أن تصبح عضواً فى الكنيسة الأرثوذكسية