

St. Michael Antiochian Orthodox Church of the San Fernando Valley
a Parish of the Antiochian Orthodox Christian Archdiocese of North America
16643 Vanowen Street; Van Nuys, California; 91406 stmichaelvannuys.org

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The Third Sunday after Pentecost and the Third Sunday of Matthew

The Great-martyr Euphemia the all-praised

Martyr Hyacinth and his Companions of Caesarea; Anatolios, Patriarch of Constantinople; Venerable-martyr Gerasimos the New of Carpenision; Venerable Nicodemus of Kozhe Lake

Sunday, July 03, 2022

Tone 2; Eothinon 3

Apolytikion for the Resurrection (Tone 2)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

Apolytikion for our Patron, Michael the Archangel (Tone 2)

O Euphemia, Christ's comely virgin, thou didst fill the Orthodox with gladness and didst cover with shame all the heretics; for at the holy Fourth Council in Chalcedon, thou didst confirm what the Fathers decreed aright. O all-glorious Great Martyr, do thou entreat Christ God that His great mercy may be granted unto us.

Kontakion for the Theotokos (Tone 2)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Daily Readings

THE EPISTLE (For the Third Sunday after Pentecost)

The Lord is my strength and my song. The Lord has chastened me sorely.

**The Reading from the Second Epistle of St. Paul to the Romans
(5:1-11)**

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

THE GOSPEL (for the Third Sunday of Matthew)

**The Reading of the Holy Gospel is according to St. Matthew
(6:22-33)**

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into

the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."

The Synaxarion

On July 3 in the Holy Orthodox Church, we commemorate the holy Martyr Hyacinth the Chamberlain and his companions of Caesarea in Cappadocia.

Verses

Bright as the gem-stone is Hyacinth in virtue;
but in the flow of his blood, he is yet brighter.
On the third died Hyacinth of deadly hunger.

Hyacinth was a young courtier of Emperor Trajan, and a secret Christian. Hyacinth stood apart from the emperor's abominable ceremonies where sacrifices were made to idols. The emperor urged him to deny Christ and to join him, but Hyacinth remained firm as diamond and said: "I am a Christian. I revere Christ and worship Him, and I bring my living self to Him as a sacrifice." Whipped, spat upon and flayed, this holy martyr was flung into prison. By order of the emperor, he was given nothing to eat but food that had been sacrificed to idols. Hyacinth refused it, and died in prison after eight days in the year 108. The warder saw two shining angels in the prison: one covering the martyr's body with his own glorious vesture, and the other placing a wreath of glory on his head. The whole prison was filled with light and radiance. Six others died with Hyacinth: Theodota, Theodotus, Diomedes, Eulampios, Asclepiades and Golinduc.

On this day, we also commemorate Anatolios, patriarch of Constantinople; Venerable Martyr Gerasimos the New of Carpenision; and Venerable Nikodemos of Kozhe Lake. By their intercessions, O Christ God, have mercy upon us. Amen.

OFFERINGS

The Holy Bread is being offered this morning in cherished memory of (sister) Loretta Namay-Jurado and (mother) Wedad Skaff-Namay by Darlene Namay-Ortega and family; also, gratefully beseeching God's constant care for the good health of the Namay, Ortega, Jurado families and the continued well-being of (brother) Alan George Namay.

Special offerings and requests for prayer are being made . . .

for the good health and well being of Ramona Darmour
who was recently hospitalized.

for the repose of the newly-departed servant of God, Charles, Thabet
(+28 June, 2022), age 92, beloved brother of Carolyn Sadd,
of West Virginia. Memory eternal.

for the good health of the child, Charlotte Ben Efraim (10.5 months),
by cousin, Jonathan Srour.

for the good health of Sadie Diana Dunphy, by
Diana & Riad Nasser.

for Beverly Ansara who is celebrating her birthday today.
May God gran there many years!

for Troy & Mary Minassian, celebrating their birthdays.
May God grant them many years!

Included in our prayers throughout the month of July are those celebrating their birthday: Jamie Farr (7/1), Jeffery Nasser (7/1), Mary Minassian (7/2), Christopher Murr (7/2), Beverly Kushida Ansara (7/3), Julian Haggar (7/4), Courtney Meena, (7/6), Nabil Wassef (7/6), Charles Matarese (7/7), Marc Abdenmour (7/9), David Dawud (7/9), Justin Gruetzmaeher (7/9), Alice Prewett (7/9), Mary Ann Thomas (7/9), Thomas Zraick (7/9), Adrienne Hines (7/10), Waleed Moujaes (7/10), Christopher Andrews (7/11), Tere Chala (7/11), Fadwa Dabbour (7/11), Mateo Zait (7/11), Hani AbuGhazaleh (7/12), Janice Rose Deeb (7/12), Edward Deeb, Jr. (7/12), Josephine Courey (7/14), Caroline Malouf (7/14), Ignacio Mas (7/14), Marc Delaney (7/16), Luc Deraney (7/16), Matthew Tambouras (7/17), Mathias Gregory Habib (7/19), Stephanie Monsue (7/19), Michael Haggar (7/20), Presbyteria Stela-Nicole Sarchizian (7/20), Frank Boyer (7/21), George Sayegh (7/21), Vivian Bitar (7/22), Christopher Abughazaleh (7/23), Kenneth Malouf (7/23), Michael Paraskevas (7/23), Wolfgang Van

Fronthoffer (7/25), Elisa Milkie (7/26), Sal Chala (7/28), Fred M. Khoury (7/29); Julie Rubell Delaney (7/30), Shannon Meena (7/30); and celebrating their wedding anniversary: Anna & Cooper Rowe (7/1), Christiana & Chris Matarese (7/2), Mimi & Nichola Hallak (7/3), Basima & Milad Alsaigh (7/4), Linda & Buddy Andrews (7/6), Shiela & Aristides Katerelos (7/12), Mary Ann & Michael Mitchell (7/12), Stephanie & Justin Gruetzmaeher (7/19), Denise & Leandro Cruz (7/19), Regan & Adrienne Hines (7/19), Rita Anne Makhoul & Stephen Christopher Ablahad (7/21), Sharon & Nabeel AbuGhazaleh (7/22), Michael & Pat Malouf (7/31), Babe & Gloria Mittry (7/31). God grant them many years!

Included in our prayers for the departed throughout July are:

Salim Haddad, +2 July, 1956
Margaret Khoury, +27 July, 1965
Maria Mas, +2 July, 1967
Sarah Abood, +25 July, 1972
Victoria Mancini, +26 July, 1972
Sadie J. Fadel, +3 July, 1973
Fred Kabbash, +7 July, 1976
Raymond Salamy, +12 July, 1980
Dema Dawud, +3 July, 1984
Victoria Azal, +1 July, 1988
Douglas Charles, +1 July, 1991
Joseph Dalati, +7 July, 1992
George Skaff, +28 July, 1993
Selma Rafidi, +23 July, 1993
Stella Kovallic, +17 July, 1993
Fred Aboud, +2 July, 1994
Naima Naifeh, +5 July, 1994
Saba Murr, +8 July, 1994
Fred Edwards, +16 July, 1994
Elias Fadel, +18 July
Gayle Collins, +1 July, 1975
Matthew McCarron, +15 July, 1977
Margaret Saade, +9 July, 2012
Mary Haddad, +19 July, 1978

Billy Handal, +10 July, 1998
Carolyn Cates, +28 July, 1998
Ted Mureau, +3 July, 1999
Louise Sadd, +10 July, 1999
Ibrahim Esper, +28 July, 2000
Edmund Kence, +16 July, 2001
Gabriel Kovalick, +19 July, 2002
Jeannette Loussi, +6 July, 2002
Diana Haddad, +17 July, 2004
Iancu Ugureanu, +5 July, 2006
Nacha Rihbany Baida, +16 July, 2007
Rodney Khalil, Jr., +31 July, 2010
Neda Toomey, +31 July, 2010
Rev. Thomas O'Dea, +10 July, 2011
Wedad Namay, +9 July, 2011
James "Jimmy" George, +28 July, 2011
Rose Marie Motter, +25 July, 2012
George Boutross, +5 July, 2013
Michael George Ansara, +31 July, 2013
Mousa Tarbouche, +21 July, 2014
Louis Andrews, +18 July, 2015
Loretta Jurado, +2 July, 2016
Anna El-Helou Zabaneh, +25 July, 2016
Albert Meena, +18 July, 2016

Evelyn Mansour, +30 July, 1983
John Barghash, +26 July, 1987
Joseph Ernest Gorup, +31 July
Grace Edwards, +8 July, 1998
Vittorio Tortolano, +1 July 1994
Oscar Garcia, +1 July, 1996
George Assad, +31 July, 1997

Tawfik Latham, +22 July, 2017
Clair Bitar, +24 July, 2018
Samia Kudmani, +29 July, 2018
Jamilie Rabadi, +29 July, 2018
Nora Ayoub, +29 July, 2018
Terry Polley +14 July, 2019
Arlene Horne +7 July, 2020

**NOTE: Names and dates mentioned above are from our current Office Records.
Please inform us of any error and we will correct it or add any unintentional exclusions.**

LITURGICAL CALENDAR

NOTE: Wednesday and Friday are observed as days of fasting

The Sunday of the Holy Fathers of the Fourth Ecumenical Council

Great Vespers – Saturday, July 9th, 5 p.m.

Orthros – Sunday, July 10th, 8:45 a.m., Divine Liturgy, 10 a.m.

ANNOUNCEMENTS

Join in our Parish Bible Study Zoom Meetings

Our next Bible Study will be held on Tuesday evening, July 5th, at 7 p.m. We will be continuing our study of the Psalms that prepare us for worship, and specifically, the Psalms for the Service of Consecrating a Church. A link to the Zoom meeting will be sent out on Tuesday. Sessions are recorded for those unable to attend who may also request the link to the study. Plan to join us.

Upcoming Events

Archdiocesan Clergy Institute — July 18-22, 2022
(Antiochian Village; Bolivar, Pennsylvania)

Retirement Luncheon for the Archbishop Michael Laffoon
Sunday, July 31, 2022; 2:30 p.m., \$55/person
at St. Paul Greek Orthodox Church, Irvine, California

Southern California Deanery Teen Event

all day, Saturday, August 20, 2022

St. Athanasius Academy Homeschooling Resources

For more information go to: <https://www.scaot.edu/classofferings>

Note to Coffee Hour hosts: coffee and paper goods will be provided each week.

Holy Bread Offering List

Jul 10 - open

Jul 17 - open

Jul 24 - open

Jul 31 - open

Coffee Hour Hosts Calendar

Please contact Fr. Timothy (818/219-3761; pastor@stmichaelvannuys.org) to sign-up to offer Holy Bread.

Raies-Murr Educational Trust Scholarship

Only members, in good standing of St. Michael Antiochian Orthodox Church (Van Nuys) or St. Nicholas Antiochian Orthodox Cathedral (Los Angeles) and who have been accepted to or are currently enrolled in a **publicly supported** (not private) institution of higher learning, including eligible **publicly supported** vocational, technical and trade schools, are eligible to apply for a Raies-Murr Scholarship. Applications can be obtained by e-mailing Mallory Murr at: <RaiesMurrScholarship@gmail.com>. The applications must be returned by July 25, 2022.

Our 2021 Pledge Form Provided with this Bulletin

As a committed member of St. Michael Church, please complete a new 2021 form. An annual "Fair Share Contribution" is paid by St. Michael Church to the Archdiocese (\$50/adult; \$35/17 years of age or under). Everyone's financial situation is subject to changes from year to year. In the same way, our parish depends upon the financial pledge commitments of its members in order to meet its monthly expenses. Hardcopies will be mailed to you by request.

St. Michael Antiochian Orthodox Church
16643 Vanowen Street, Van Nuys, CA 91406 Phone: 818-994-2313
Website: www.stmichaelvannuys.org

2022 CHRISTIAN STEWARDSHIP COMMITMENT FORM

1. All enrolled members must first fulfill a fair share contribution that is paid 100% by St. Michael Church to the Archdiocese annually (this does not include your family pledge obligation BELOW).

Total number of baptized Orthodox persons (age 18 & above) in your household _____ \$50 each _____

Total number of baptized Orthodox persons (age 17 & under) in your household _____ \$35 each _____

(Please print all names with information in the section below)

2. In gratitude of God's blessings, I / we pledge to contribute St. Michael Church expenses.

A total annual amount of: ____ (see Treasure self-assessment chart)

\$ _____ weekly \$ _____ monthly \$ _____ quarterly \$ _____ semi-annually \$ _____ annually

Name _____ Spouse Name _____

Phone number _____ E-mail Address _____

Address _____ City _____ State _____ Zip _____

3. How do you wish to pay? We accept personal checks or credit card payments. (See below)

- a. You may write a check to "St. Michael Church" and mail it to the Church Office. (see address above)
- b. You may process an "automatic bill pay" with your bank that will mail a recurring monthly hard-copy earmarked check to St. Michael Church.
- c. You may pay by credit card using our website donation page (a 3% processing fee will apply) at: <https://www.stmichaelvannuys.org/donate/> and we will be immediately notified.
- d. You may arrange for a recurring monthly automatic withdrawal from your bank account using our church bank routing number and bank account.

Note: Each donation to St. Michael Church should be earmarked, i.e., "Building Fund," "Pledge," etc.

Print names of baptized Orthodox persons in your household.

Name _____
Age

Name _____
Age

Name _____
Age

Name _____
Age

Name _____
Age

**THE THIRD SUNDAY AFTER PENTECOST AND
THE THIRD SUNDAY OF MATTHEW**

MARTYR HYACINTH AND HIS COMPANIONS OF CAESAREA;
ANATOLIOS, PATRIARCH OF CONSTANTINOPLE;
VENERABLE-MARTYR GERASIMOS THE NEW OF CARPENISION;
VENERABLE NICODEMUS OF KOZHE LAKE

طروبارية القيامة باللحن الثاني

عندما انحدرت إلى الموت، أيها الحياة الذي لا يموت، حينئذ أمت الجحيم ببرق لاهوتك، وعندما أقمت الأموات من تحت الثرى، صرخ نحوك جميع القوات السماويين: أيها المسيح الإله المعطي الحياة، المجد لك.

طروبارية رؤساء الملائكة باللحن الرابع

أيها المتقدمون على الأجناد السماويين، نتوسل إليكم نحن غير المستحقين، حتى أنكم بطلباتكم تكتنوفوننا بظل أجنحة مجدكم غير الهولي، حافظين إيانا نحن الجاثين والصارخين بغير فتور، أنقذونا من الشدائد، بما أنكم رؤساء مراتب القوات العلوية.

قنداق للقدسين على اللحن الثامن

أيها الرب البارئ الخليقة، إن المسكونة تقدم لك الشهداء اللابسي الله كباكير الطبيعة. فبتوسلاتهم احفظ كنيستك في سلام دائم، من أجل والدة الإله، يا جزيل الرحمة.

الرسالة

قُوَّتِي وَتَسْبِحَتِي الرَّبُّ. أَدْبَاءُ أَدْبَنِي الرَّبُّ.

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولْسِ الرَّسُولِ إِلَى أَهْلِ رومية. (5:1-10)

يا إخوة، إذ قد بررنا بالإيمان، فلنا سلام مع الله بربنا يسوع المسيح. الذي به حصل أيضاً لنا الدخول بالإيمان إلى هذه النعمة التي نحن فيها مقيمون ومفتخرون في رجاء مجد الله. وليس هذا فقط، بل أيضاً نفتخر بالشدائد، عالين أن الشدة تنشي الصبر. والصبر ينشي الامتحان والامتحان الرجاء والرجاء لا يخزي. لأن محبة الله قد أفيضت في قلوبنا بالروح القدس الذي أعطينا لنا. لأن المسيح، إذ

كُنَّا بَعْدُ ضَعْفَاءَ، مَاتَ فِي الْأَوَانِ عَنِ الْمُنَافِقِينَ. وَلَا يَكَادُ أَحَدٌ يَمُوتُ عَنِ بَارٍّ، فَلَعَلَّ أَحَدًا يُقَدِّمُ عَلَيَّ أَنْ يَمُوتَ عَنِ صَالِحٍ. أَمَّا اللَّهُ فَيَدُلُّ عَلَيَّ مَحَبَّتَهُ لَنَا بِأَنَّهُ، إِذَا كُنَّا خَطَاةً بَعْدُ، مَاتَ الْمَسِيحُ عَنَّا. فَبِالْأُخْرَى كَثِيرًا، إِذْ قَدْ بَرَزْنَا بِدَمِهِ، نَخْلُصُ بِهِ مِنَ الْغَضَبِ. لِأَنَّ إِذَا كُنَّا قَدْ صَوْلِحْنَا مَعَ اللَّهِ بِمَوْتِ ابْنِهِ وَنَحْنُ أَعْدَاءُ، فَبِالْأُخْرَى كَثِيرًا نَخْلُصُ بِحَيَاتِهِ وَنَحْنُ مُصَالِحُونَ.

الإنجيل

الله بارِكوا المَجامعَ في قَدِيسِه في الله هُوَ عَجيبُ
الأممَ جَميعَ يا هَذَا اسْمَعُوا

(3:23-29; 4:1-5) غَلَاطِيَّةَ أَهْلِ إِلَى الرَّسُولِ بُولُسَ الْقَدِيسِ رِسَالَةَ مِنْ فَصْلُ

أَنَّ الْعَتِيدِ الْإِيمَانَ إِلَى عَلَيْنَا مُعْلَقًا، النَّامُوسِ تَحْتَ مَحْرُوسِينَ كُنَّا الْإِيمَانَ جَاءَ قَبْلَمَا، إِخْوَةٌ يَا
الْإِيمَانَ جَاءَ مَا بَعْدَ وَلَكِنْ. بِالْإِيمَانَ نَتَبَرَّرَ لِكِي، الْمَسِيحِ إِلَى مُؤَدَّبْنَا النَّامُوسُ كَانَ قَدْ إِذَا. يُعْلَنُ
اعْتَمَدْتُمْ الَّذِينَ كُلُّكُمْ لَأَنَّ. يَسُوعَ بِالْمَسِيحِ بِالْإِيمَانَ اللَّهُ أَبْنَاءُ جَمِيعًا لَأَنَّكُمْ. مُؤَدَّبَ تَحْتَ بَعْدَ لَسْنَا
لَأَنَّكُمْ، وَأَنْتَى ذَكَرُ لَيْسَ. حُرٌّ وَلَا عَبْدٌ لَيْسَ. يُونَانِيٌّ وَلَا يَهُودِيٌّ لَيْسَ: الْمَسِيحِ لَيْسْتُمْ قَدْ بِالْمَسِيحِ
وَرَثَةَ الْمَوْعِدِ وَحَسَبَ، إِبْرَاهِيمَ نَسْلُ إِذَا فَانْتُمْ، لِلْمَسِيحِ كُنْتُمْ فَإِنَّ. يَسُوعَ الْمَسِيحِ فِي وَاحِدُ جَمِيعًا
هُوَ بَلْ. الْجَمِيعِ صَاحِبَ كَوْنِهِ مَعَ، الْعَبْدِ عَنِ شَيْئًا يَفْرُقُ لَا، قَاصِرًا الْوَارِثُ دَامَ مَا: أَقُولُ وَإِنَّمَا
كُنَّا، قَاصِرِينَ كُنَّا لَمَّا: أَيْضًا نَحْنُ هَكَذَا. أَيْبِهِ مِنَ الْمَوْجَلِ الْوَقْتِ إِلَى وَوَكَلَاءَ أَوْصِيَاءَ تَحْتَ
مَوْلُودًا، امْرَأَةً مِنْ مَوْلُودًا ابْنَهُ اللَّهُ أَرْسَلَ، الزَّمَانَ مِلءُ جَاءَ لَمَّا وَلَكِنْ. الْعَالَمِ أَرْكَانِي تَحْتَ مُسْتَعْبِدِينَ
التَّبَنِّي لِنَنَالَ، النَّامُوسِ تَحْتَ الَّذِينَ لِيَقْتَدِي، النَّامُوسِ تَحْتَ

ملاحظة بخصوص تناول القربان المقدس

إن مفهومنا لتناول القربان يعني عمومية المشاركة فيه لذوى العقيدة الواحدة، إلا إن المشاركة في سر القربان المقدس هنا مقتصر فقط على أعضاء الكنائس الأرثوذكسية والذين يحضرون أنفسهم بالصلاة والصوم والاعتراف منذ فترة قريبة (وعلى كل حال، فإننا ندعو الجميع للمشاركة في الخبز المقدس الذي يوزع عند إنتهاء مراسيم القداس). رجاء مراجعة الكاهن. إذا رغبت أن تصبح عضواً في الكنيسة الأرثوذكسية