

The Third Sunday of Pascha

Commemoration of the Myrrh-Bearing Women,

The Pious Joseph of Arimathea, the Righteous Nicodemus

The Apostle and Evangelist John the Theologian; Venerable Arsenios the Great

Sunday, May 8, 2022

Tone 2; Eothinon 4

Apolytikion for the Resurrection (Tone 2)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

Apolytikion for Joseph of Arimathea (Tone 2)

The pious Joseph, having brought down Thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But Thou didst verily rise after three days, O Lord, granting the world Great Mercy.

Apolytikion for the Myrrh-Bearing Women (Tone 2)

Verily, the angel came to the tomb and said to the ointment-bearing women, the ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye: The Lord is risen, granting the world the Great Mercy.

Apolytikion of our Patron the Archangel Michael (Tone 4)

O ye foremost of the heavenly hosts we beseech thee, though we are unworthy, pray that we may be encompassed with a shadow of Thy unearthly glory, preserving us who kneel and cry endlessly: deliver us from oppression since ye are the prince of the Highest Power.

Kontakion of Pascha (Tone 8)

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointmentbearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

Daily Readings

THE EPISTLE (for the Third Sunday of Pascha)

The Lord is my strength and my song. The Lord has chastened me severely.

The Reading from the Acts of the Saintly and Pure Apostles (6:1-7)

That In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

THE GOSPEL (for the Third Sunday of Pascha)

The Reading of the Holy Gospel is according to St. Mark (15:43 – 16:8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where He was laid. And when the Sabbath was passed, Mary Magdalene, Mary the mother of James, and Salome, bought spices so that they might go and anoint Him. And very early on

the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, “Who will roll away the stone for us from the door of the tomb?” And looking up, they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, “Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell His Disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you.” And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

The Synaxarion

On May 8 in the Holy Orthodox Church, we commemorate Venerable Arsenios the Great, and we celebrate the Synaxis of the Holy Dust, that is, the Manna, that issued from the grave of the holy and glorious Apostle and Evangelist John the Theologian, the Virgin and Beloved Bosom Friend of Christ.

Verses

Mankind from the manna of thy grave receiveth not food,
but health, O initiate of Jesus.

On the eighth they bedeck Thunderson’s grave with roses.

When St. John was 105 years old, he took seven of his disciples, went outside the city of Ephesus and told the disciples to dig a grave in the form of a cross. Then the old man went down into the grave, from where his soul departed this life. When the faithful later opened St. John’s grave, they did not find the body in it. And on May 8 each year a dust arose from the grave, from which those suffering from many diseases were healed.

On this day, the third Sunday of Pascha, we celebrate the feast of the holy Myrrh-bearing women. And we also commemorate Joseph of Arimathaea, the secret disciple, and Nicodemus, the disciple by night.

Verses

Christ is brought myrrh by the wise women disciples;
And to them, I bring a hymn as myrrh in offering.

The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were the sons of Joseph the Betrothed from his previous marriage (Matt. 27:56 and Mark 15:40); Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus. Joseph was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ.

By the intercessions of the holy Myrrh-bearers, Joseph of Arimathaea and Nicodemus, O God, have mercy on us. Amen.

LITURGICAL CALENDAR

*NOTE: There is **no** fasting for the forty-day period:
from Easter to the Feast of the Ascension (June 10th)*

The Fourth Sunday of Pascha Commemoration of The Paralytic

Great Vespers – Saturday, May 14th, 5 p.m.

Orthros – Sunday, May 15th, 8:45 a.m., Divine Liturgy, 10 a.m.

OFFERINGS

Holy Bread is being offered this morning by the Milkie Family for the good health of Leila Milkie, Georgianna Rishwain and Adrienne Andrews on the occasion of Mother's Day; also in loving memory of Helen Nicola, Rose Rishwain, Emma Milkie, Afife Chammas and Nassima Milkie. Memory eternal. Prayers are also offered by Fred, Dominick, Alek and Elisa for Tanya Milkie on Mother's Day, who also recently celebrated her birthday (April 30). May God grant her many years!

Holy Bread is also offered by Bobbi Monsue for the one-year memorial of her sister, Ginger Canaday (+7 May, 2022). Memory eternal.

Holy Bread is also being offered by Laila Dawud in memory of her beloved husband, Assad and dear daughter, Dema, three brothers: Issa, Jaleel and George; also her dear mom, Badeah and all the departed mothers. Memory eternal.

Holy Bread is being offered this morning by the Alsaigh family for the health of George, Basima, Milad, the Almarji and Sayegh family; also for the repose of the servants of God, Issa Almarji, Esshak, Aida, Nisreen and Talina.

Special offerings and requests for prayer are being made . . .

for the repose of the newly-departed servant of God, Linda Mitchell
(+29 April, 2022) Memory eternal.

in memory of Jeannette Aboud (May 5th), especially on Mothers Day,
and Louis Aboud, Sr. (May 19th). Memory eternal.

for the continued health, safety and salvation of Minnie Toby Lush, by
Robert & Nicole Webster; Gabrielle, Robert, Robert Joseph and
Jonathan Camacho; Greg & Erin, Reed and Blake Nassir,
her exceedingly grateful children and grandchildren. We pray the Lord
will continue to make His face to shine upon Minnie and all of the very
special mothers, grandmothers, aunts, godmothers and friends of all who
nurture others to the glory of God.

for the repose of the soul of the newly-departed servant of God, Evelyn
Nassir Milan, of Roanoke, Virginia and Johnstown, Pennsylvania; beloved
great-aunt of Nicole Webster, Gabrielle Camacho and Gregory Nassir; and
daughter of the departed servant of God, Rev. Andrew Nassir of
Johnstown, Pennsylvania and Brooklyn, New York. Memory eternal.

by Marcia O'Dea for the recovery and continued health of Robin's mother,
Joann Michelson.

ANNOUNCEMENTS

Forest Lawn (Glendale) Cemetery Plot For Sale

For more information, speak with Father Timothy.



St. Michael 29th Annual Golf Classic

Honoring the memory of:
Carl Andrews, Ameen "Babe" Mittry, Emile F. Skaff

Date: Monday, May 23, 2022

Time: 10:00 a.m. Check-in & Lite Brunch
12:00 noon Shotgun Tee Off
5:00 p.m. Cocktails
6:00 p.m. Dinner

Place: Wood Ranch Golf Club
301 N. Wood Ranch Pkwy
Simi Valley, CA 93065

Fees: \$185.00 per player
Entry fee includes:

- Green Fee – Cart Fee – Putting Green
- Continental Breakfast - Coffee, Juices
- Locker Room – Box Lunch – Gift Bag
- 2 Mulligans
- Dinner and Dessert
- Participation in:
 - Putting Contest
 - Closest to the Line Contest
 - Closest to the Pin Contest

Dress: Proper golf attire required including golf shoes with soft spikes

Format: 4 Person Scramble

Prizes: 1st & 2nd Place Low Net Teams - Trophy
Low Gross Team -Trophy
Putting Contest - \$100 Gift Card
Closest Drive to Line - \$100 Gift Card
Closest to the Pin - \$100 Gift Card

Note: Golfers must register by May 7, 2022

For more information contact:

Don Meena (661) 623-0340 E-mail: donmeena@sbcglobal.net

Fred Milkie, Jr. (818) 343-9152 E-mail: milkief@aol.com

Plan to Attend our St. Michael Golf Classic



Even if you are not a golfer, join us for dinner and fellowship for our 29th Annual Golf Classic on Monday, May 23, 2022 at the Wood Ranch Country Club in Simi Valley. Mark your calendars to save the date for a fun-filled gathering for our parish community. Any questions? Contact Don Meena or Fred Milkie.

Camp Counselors Needed

Camp St. Nicholas needs qualified counselors and staff (especially mail counselors). The commitment is for four (4) weeks, beginning with training on July 4, and continuing to the end of the third session and recap (departing on August 1st). Applicants must be 18 years of age and may apply directly at: <https://events.circuitree.com/av/HR/Application> For answers to questions or more information contact Father Andrew Andrews, Camp Director, at: 925-323-6787.

Note to Coffee Hour hosts: coffee and paper goods will be provided each week.

Holy Bread Offering List

May 15 - Ron & Kathy Zraick;
The Nassif family
May 22 - open

May 29 - (Memorial Day Weekend)
Jun 02 (Holy Ascension) open

Please contact Fr. Timothy (818/219-3761; pastor@stmichaelvannuys.org) to sign-up to offer Holy Bread.

Coffee Hour Hosts Calendar

The Nassif family

Upcoming Events

St. Michael 29th Golf Classic: Monday, May 23, 2022 at Wood Ranch Golf Club (Simi Valley) <www.woodranchgc.com>

Third Installation of Church Iconography - June 3-8, 2022

Diocesan Parish Life Conference hosted by The Church of the Redeemer (Santa Clara Marriott) — June 29 - July 3, 2022

Conference Registration link: <https://www.antiochianevents.org/events/diocese-of-los-angeles-and-the-west-1/registration>

Conference Schedule: https://www.antiochianevents.com/la_schedule

St. Michael Antiochian Orthodox Church of the San Fernando Valley

16643 Vanowen Street, Van Nuys, California 91406-4622

Metropolitan JOSEPH, Archbishop of New York and all North America

V. Rev. Timothy Baclig, Pastor
ftimothy@stmichaelvannuys.org

Church Telephone: 818/994-2313
www.stmichaelvannuys.org

Dear St. Michael Church Family,

"Now is the time for all good men to come to the aid of their [parish]"

The above quote was devised as a typing drill by Charles E. Weller in 1867; often attributed to Patrick Henry as a call to arms during the American Revolution. The phrase originally ended with the words: "...to the aid of their party." This was followed by, "...come to the aid of their country." I remember using it as a practice drill in high school in learning to type on a keyboard. Today, I am borrowing the phrase with the words: "...come to the aid of their parish."

There is perhaps no better time for the men of our parish to begin to be part of a team of workers on our church property. Today, men in our church are becoming increasingly aware of the need to become involved in ways that can help to alleviate many of our regular monthly expenses. During the pandemic, this was achieved by a few who provided their time in working to pull weeds, help with collecting litter, and doing some incidental jobs, such as cleaning and organizing our storage areas. You can help! Simply speak with Deacon Andrew Monsue who has been at the forefront of this work. You can e-mail him at: armcopper@att.net There are many ways that working with others can be an opportunity for fellowship. Consider becoming involved during your spare time by working at the church. It will help us in keeping our expenditures at a minimum. It will also help us to better know what talents and abilities that you have that can be a help to being part of a team of workers.

May you and your loved ones receive the spiritual benefits afforded by the remaining days of Great Lent.

In Christ

V. Rev. Timothy Baclig
Pastor

P.S. Click on the following YouTube video to discover what The Antiochian Men of the Diocese of the Southeast has been doing in a charitable outreach:

THE ANTIOCHIAN MEN



AMEN MONTH MESSAGE – APRIL 2022

Raies-Murr Educational Trust Scholarship

Only members, in good standing of St. Michael Antiochian Orthodox Church (Van Nuys) or St. Nicholas Antiochian Orthodox Cathedral (Los Angeles) and who have been accepted to or are currently enrolled in a **publicly supported** (not private) institution of higher learning, including eligible **publicly supported** vocational, technical and trade schools, are eligible to apply for a Raies-Murr Scholarship. Applications can be obtained by e-mailing Mallory Murr at: <RaiesMurrScholarship@gmail.com>. The applications must be returned by mid-July 2022.

Frequently Asked Questions

What is the Church's practice regarding cremation?

We understand our bodies to be temples of the Holy Spirit (I Corinthians 3:16; 6:19). It is also a receptacle of the Body and Blood of Christ and thereby members of

Christ's Body—the Church (I Corinthians 6:15; 12:27). Moreover the full context of the Orthodox Funeral Service presumes the presence of a body that is anointed, venerated, and prepared for proper burial. Hence the Antiochian Archdiocese complies with the following directive of Metropolitan JOSEPH of August 31, 2016: “No funeral service is allowed to be performed for a person who was or will be cremated. Furthermore, under no circumstances the ashes of a deceased will be allowed in the church. However, a Trisagion service may be prayed over the body before but NOT AFTER a cremation.” Should you have any questions, please feel free to speak with Father Timothy.

The following dialogue is said between the priest and the faithful at the end of the Liturgy:

Priest: Christ is risen!

People: Truly, He is risen! [repeated in various languages]

Al Maseeah qam! **Haq qan qam!** (*Arabic*)

Christos Anesti! **Alithos Anesti!** (*Greek*)

Kristos voskrese! **Voistinu voskrese!** (*Slavonic*)

Kristo esta resusitado! **Verdaderamente resusitado!** (*Spanish*)

Khristi ungal! **Vertet ungal!** (*Albanian*)

Le Christ est ressuscite! **En verite il est ressuscite** (*French*)

Kristos Inviat! **Adervaret inviat!** (*Romanian*)

Ua ala hou ‘o Kristo! **Ua ala ‘I ‘o no ‘oia!** (*Hawaiian*)

Christus is opgestaan! **Hij is waarlijk opgestaan!** (*Dutch*)

Kristus ist Auferstanden! **Sicherlich ist Auferstanden!** (*German*)

Khristus Zmartvikstau! **Zaiste Zmartvikstau!** (*Polish*)

Christos harjav i merelotz! **Orhniale harutjun Christosi!** (*Armenian*)

Kristos Tensiah! **Be-a-man Ten-si-a!** (*Tigrigna*)

Massih Miyayat! **Hatman Miyayat** (*Farsi*)

Kristo azukidde! **Kituufu azukidde** (*Luganda*)

Ha Mashiyach qam! **Ken hoo qam!** (*Hebrew*)

Yeshu Christo Wierthayairnaytoo! **Sathamyetoom Yeshu Christo wierthayairnaytoo!**
(*Malayalam*)

Mesiah jee utha hei! **Such mei jee mutha hei!** (*Indian*)

Kristo samawa, yomi gaimashta! **Hontoni yomi gaimashta!** (*Japanese*)

Priest: Christ is risen from the dead, trampling down death by Death, and upon those in the tombs... **People: Bestowing life!**

Pastor's Sermon
Sunday of the Myrrh-bearing Women
By V. Rev. Timothy Baclig
May 8, 2022

Christ is risen! Truly He is risen! المسيح قام! حقاً قام!

On the third Sunday of Pascha the Orthodox Church commemorates a number of persons connected with the final events of Jesus' life who were important witnesses to His Death and Resurrection. These are **the Myrrh-bearing women** who came to anoint the Body of Jesus, **Joseph of Arimathea** who buried Jesus and **Nicodemus** who helped him. They are remembered for their faith, courage, and devotion to the Lord. Beginning with this particular Sunday, we begin our reflection upon the details of the events that surrounded our Lord's Resurrection and the individuals who were among the witnesses to the specific events. The lesson is very intentional in purpose. It causes us to review what we may have missed during Holy Week, but is now viewed from the perspective of the triumph of Christ's victory over death, in what appeared as a human tragedy.

Today's Gospel lesson first says something to us about how personal decisions of conviction are made. A good contrast is to recall the words of the Apostle Peter, who was quick to speak, and ended up denying our Lord in the same evening when the sacred Holy Communion was something that he and the other disciples had just received from the hands of the Lord. One would think that the twelve (or what we know ended up being eleven), who were personally called, spending a great deal of personal time with the Lord; who walked and talked with him, would be among those who would not be absent following the death of our Lord. Instead, the scripture indicates that they fled for fear of the authorities.

Today, the Myrrh-bearing women, Joseph of Arimathea and Nicodemus are brought to the forefront of today's commemoration. These women and men were among those "behind the scenes." In the case of the women, we know that in the first century: women were not very visible. Yet, their service was certainly not among the least. They like Joseph and Nicodemus acted with great faith and courage.

And so the first thing we can learn from disciples like the Myrrh-bearing women, Joseph and Nicodemus is a lesson we discovered **during the season of Lent: When pride is humbled by faith and love, and stirred by a deep sense of humanity and courage, it becomes selfless service.**

Second, to love and care for someone makes a task very personal. And so, it is very important that we be reminded: that a faithful servant of the Lord never understands a labor of love as a task or chore, but a holy ministry. You and I are called in numerous and unique ways to serve God as His fellow ministers. Following the Resurrection we hear in today's epistle that the church needed helpers: deacons to assist with the work of ministry. The word deacon [*diakonia* (Greek)] means service. While you may not dress in black or wear a collar or are donned with vestments at divine services does not mean that you are not participants in Christ's royal priesthood. We all share in Christ's service. St. Peter states it clearly in his epistle: *...you are a chosen people, a royal priesthood, a*

holy nation, a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light. (1 Peter 2:9)

Any person, who offers their time, gifts, talents, resources, or just themselves, is a co-worker in Christ's vineyard. In God's eyes, no ministry of service is too small, too insignificant or unimportant. One does not have to be in the limelight, have a good voice, be particularly glamorous, or even be wealthy by any standard of this world; only a desire to share the love of God, the desire and willingness to be of service, a help and support to others, perhaps being there when others are not, a listening ear, a strong shoulder, a good friend.

Third: Stewardship is not ownership. Anything we do to the glory of God in service of Christ is not anything we possess or own. Stewardship is being available, being wise and prudent; being courageous. Stewardship is love and devotion that prompts selfless service. For someone like myself who am called to the Holy Priesthood: that calling is something based upon what St. Paul described for himself as based upon being *...considered faithful enough to be called into His service* (1 Timothy 12:1). It is not even "my priesthood!" It is Christ's Priesthood!

It is very necessary that you and I not limit our perception of what it means to be a good steward. We cannot allow obligations, urgent and desperate calls for help to be the norm in Christian service. Our young people today are becoming more and more conditioned to the notion of providing community service and applying their time in acquiring credit by serving the church. While this is not a bad thing, especially since we need persons who are properly trained as leaders in serving, we should not forget that this was not the case in years past. Parishes, organizations, ministries of the church were built and founded by volunteers not paid workers. Today, however, many of our churches are experiencing growth by those who have found their vocation in the church as lay persons specially trained and educated in their specific fields as an aid to the priest's pastoral ministry.

Among the other observations that tell us something about the piety of the men and women who are brought to our attention in today's lesson is their use of time. The Myrrh-bearing women were obviously "morning persons." The church has a great deal to say about being a "morning person." First of all, a

person does not have to be early riser to be a “morning person,” although it can help. The morning for any Christian is spoken about a great deal by the Church Fathers, as we hear in our prayers, as a time for illumination, thanksgiving and praise. *My soul awaketh early unto Thee... for Thy precepts are a light...*

There is much that can be accomplished and a great deal that we can protect ourselves against spiritually when we aim to make the time of the morning, and specifically the first moments of our day as a time that is dedicated to God. I personally describe it as “untouched snow.” The morning is a “new beginning,” and therefore, a new opportunity of beginning anew. “Rise up in joyfulness of soul having had rest.” Just as it is important to end our day with confession and forgiveness.

Finally, the Myrrh-bearing women and the pious Joseph and Nicodemus, were not loners. They shared in a fellowship and their service was something they did with those who were likeminded.

It helps to do things with others. However, doing tasks and sharing responsibilities, however, is not always easy. For one thing, one’s ego can get in the way. My mother used to say, “too many cooks spoil the soup.”

No one likes to have their toes stepped upon. It is a known fact that men and women do not always work or think in the same way. Generally, men often are task oriented, and women build on relationships and work as a network. Leadership is always necessary, and while not much is said about who were the leaders among the women, we are told that Joseph approached Pilate boldly. We also know that among the pious men and women heard in today’s Gospel, their egos were not in the way of their mission. That was because their motivation and purpose was selfless labor of love. No one was looking for credit or recognition.

Remember: It was our Lord Himself who set this pattern of love and service. Before the Last Supper, you may recall: He washed the feet of His disciples. It is recorded in St. Matthew’s Gospel that on one occasion, our Lord spoke with His disciples when they became angry with each other over their personal position and privilege. In admonishing them He said: *You know that the*

rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave—just as the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many (Matthew 20:25-27).

Prayer

O Christ, our God, strengthen us as your ministers in service of your Kingdom. Enable us to be faithful and ever mindful of the needs of others, especially of those who are the most dear to us. Grant us strength to do what is right and to be good stewards of all that you have entrusted to us. Grant us courage to wash the feet of our brothers and sisters. And may the light of Your Holy Resurrection shine through us as we respond to the needs around us.

EOTHINON 4

الايوثينا 4

TONE 2

الحن 2

COMMEMORATION OF THE MYRRH-BEARING WOMEN, PIOUS JOSEPH OF ARIMATHEA & RIGHTEOUS NICODEMUS

THE APOSTLE AND EVANGELIST JOHN THE THEOLOGIAN; VENERABLE ARSENIOS THE GREAT

المسيحُ قام من بين الأموات, ووطئ الموتَ بالموت, ووهب الحياة للذين في القبور.

طروبارية القيامة على الحن الثاني

عندما انحدرت إلى الموت, أيها الحياة الذي لا يموت, حينئذ أمتّ الجحيم ببرق
لاهوتك, وعندما أقيمت الأموات من تحت الثرى, صرخَ نحوك جميعُ القواتِ
السماويين أيها المسيحُ الإلهُ المعطي الحياة, المجدُّ لك.

طروبارية ليوسف على الحن الثاني

إن يوسف المتقي، أحدر جسدك الطاهر من الخشبة ولقّه بكفنٍ نقي وحنوطٍ، وجهزه
ووضعه في قبرٍ جديد. لكنك قمتَ في اليوم الثالث يا رب، مانحاً العالمَ الرحمةَ
العظمى.

طروبارية حاملات الطيب على اللحن الثاني

إنّ الملاك وقفَ عند القبرِ قائلاً للنسوة حاملاتِ الطيب إنَّ الطيب لائقٌ بالأمواتِ، لكنَّ
المسيحَ ظهرَ غريباً عن الفساد فاصرخن قائلاتٍ قام الربُّ مانحاً العالمَ الرحمةَ
العظمى.

طروبارية رؤساء الملائكة بالحن الرابع

أيها المتقدمون على الأجناد السماويين، نتوسّلُ إليكم نحن غير المستحقّين، حتّى
أنكم بطلباتكم تكتنوفوننا بظلّ أجنحةٍ مجدكم غير الهيولي، حافظين إيانا نحن
الجاثين والصارخين بغير فتور، أنقذونا من الشدائد، بما أنكم رؤساء مراتب القواتِ
العلوية.

قنداق القيامة على اللحن الثامن

ولئن نزلت إلى القبرِ يا من لا يموت، إلا أنّك درستَ قوةَ الجحيم، وقمتَ غالباً، أيها
المسيحُ الإله. وللنسوةِ حاملاتِ الطيبِ قلتَ افرحن واهباً لرسلك السلام يا مانحِ
الواقعين القيام.

الرسالة

لقد انطلق صوته إلى أقاصي الأرض، السماوات تذيع بمجد الله

فصلٌ من رسالة القديس يوحنا الرسول الأولى

يا اخوة، ذلك الذي كان منذ البدء، ذلك الذي سمعناه ذلك الذي رأيناه بعينينا، ذلك

الذي تأملناه ولمسّته يدانا من كلمة الحياة، لأنّ الحياة ظهرت فرأينا ونشهد ونبشركم

بِتِلْكَ الْحَيَاةِ الْأَبَدِيَّةِ الَّتِي كَانَتْ لَدَى الْآبِ فَتَجَلَّتْ لَنَا، ذَلِكَ الَّذِي رَأَيْنَاهُ وَسَمِعْنَاهُ، نُبَشِّرُكُمْ بِهِ أَنْتُمْ أَيْضًا لِتَكُونَ لَكُمْ أَيْضًا مُشَارِكَةٌ مَعَنَا وَمُشَارِكُنَا هِيَ مُشَارِكَةٌ لِلآبِ وَلِابْنِهِ يَسُوعَ الْمَسِيحِ. وَإِنَّا نَكْتُبُ إِلَيْكُمْ بِذَلِكَ لِیَكُونَ فَرَحُنَا تَامًا.

إِلَيْكُمْ الْبَلَاغُ الَّذِي سَمِعْنَاهُ مِنْهُ وَنَخْبِرُكُمْ بِهِ: إِنَّ اللَّهَ نُورٌ لَا ظِلَامَ فِيهِ. فَإِذَا قُلْنَا: لَنَا مُشَارِكَةٌ مَعَهُ وَنَحْنُ نَسِيرُ فِي الظَّلَامِ كُنَّا كَاذِبِينَ وَلَمْ نَعْمَلْ لِلْحَقِّ. وَأَمَّا إِذَا سِرْنَا فِي النُّورِ كَمَا أَنَّهُ هُوَ فِي النُّورِ فَلْنَا مُشَارِكَةٌ بَعْضُنَا مَعَ بَعْضٍ، وَدَمُ يَسُوعَ ابْنِهِ يُطَهِّرُنَا مِنْ كُلِّ خَطِيئَةٍ.

الإنجيل

فصلٌ شريفٌ من بشارة القديس مرقس

في ذلك الزمان، جاء يوسف الرامي، وكان عضوا بارزا في مجلس اليهود، وكان ينتظر ملكوت الله، فاجترأ ودخل على بيلاطس وطلب جسد يسوع. فتعجب بيلاطس أن يكون قد مات. فدعا قائد المائة وسأله "أمن زمان مات؟" فلما عرف الخبر من القائد وهب الجسد ليوسف. فاشتري كفنا، ثم أنزله عن الصليب وكفنه ووضعته في قبر كان منحوتا في الصخر، ودحرج حجرا على باب القبر. وكانت مريم المجدلية ومريم أم يوسي ينظران أين وضع. ولما مضى السبت اشترت مريم المجدلية ومريم أم يعقوب وسالومة حنوطا ليذهبن ويطيبينه. وفي صباح يوم الأحد جنن إلى القبر وقد طلعت الشمس. وكان يقول بعضهن لبعض "من يدحرج لنا الحجر عن باب القبر؟" فلما تطلعن وجدن الحجر قد دحرج، وكان عظيما جدا. فلما دخلن القبر رأين شابا

جالسا عن اليمين لابسا حلة بيضاء فارتعين. فقال لهن "لا ترتعين! أظن يسوع
الناصري المصلوب, ليس هو هنا, بل قد قام. ها هو الموضع الذي وضعوه فيه.
فاذهبن وقلن لتلاميذه ولبطرس إنه يسبقكم إلى الجليل, وهناك ترونه كما قال لكم."
فخرجن من القبر هاربات وقد اخذتهن الرعدة والدهش. ولم يخبرن أحدا بشيء, لأنهن
كن خائفات.

ملاحظة بخصوص تناول القربان المقدس

إن مفهومنا لتناول القربان يعنى عمومية المشاركة فيه لذوى العقيدة الواحدة، الا إن المشاركة في
سر القربان المقدس هنا مقتصر فقط على أعضاء الكنائس الارثوذكسية والذين يحضرون أنفسهم
بالصلاة والصوم والاعتراف منذ فترة قريبة (وعلى كل حال، فإننا ندعو الجميع للمشاركة فى الخبز
المقدس الذى يوزع عند إنتهاء مراسيم القداس). رجاء مراجعة الكاهن إذا رغبت أن تصبح عضوا
فى الكنيسة الارثوذكسية.