



# St. Michael Youth Program

## October 2015

# I am a Disciple of the Lord!

### Home Discussion

During the month of October ("Youth Month"), we will explore what it means to be a good disciple of the Lord.

1. The actions of God's love are: His protecting, healing, and saving us. We love God and keep His commandments. What are the ways that we can do good deeds of love?
2. Being a good disciple begins by being a good listener. Why is it important to listen? How can we become better listeners?
3. God protects us from all evil. What are the ways we trust God to keep us safe. How does He equip us as His disciples from temptation and all evil.

### October is Youth Month

**October 1 - Feast of the Protection of the Holy Theotokos** - The Holy Virgin protects us by her prayers and intercessions.

**October 4 - "Do to others as you would have them do to you."** [Luke 6:31-36]; God is merciful and wants us to be kind and merciful to others.

**October 11 - "Growing in 'good soil'"** [Luke 8:5-15]; God is the gardener; Christ is the vine and we are the branches.

**October 18 - (Feast of St. Luke the Apostle) Jesus protects us from all evil** [Luke 10:16-21]; Jesus promises to keep us safe from all evil.

**October 25 - Jesus heals the man by delivering him from demons** [Luke 8:26-39]; God keeps us safe and guards us from the Evil One.

**October 26 - Feast of the Holy Great Martyr Demetrios** [John 15:17 - 16:2]; God has chosen us to be His disciples and to love one another. St. Demetrios is an example of a good disciple as he was a soldier.

### Memory Verse

"Love the Lord your God with all your heart, with all your soul, with all your strength and with all your mind, and love your neighbor as yourself." (Luke 10:27)  
[Deuteronomy 6:5; Leviticus 19:8]

### Prayers to My Guardian Angel

O Holy Angel of God protect me during this day and guard me from all evil. Pray to the Lord for me that I will be strong in doing His will.

O Lord our God, forgive me of any sin. Grant me undisturbed sleep. Send me Your Guardian Angel to shield and protect me from every evil; for You are our Protector and to You do send up glory, to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen.

### Activities

- Use the prayers to your Guardian Angel each day at least once a day.
- Plan to do a good deed for someone in a way that you can help them.
- Think of ways to celebrate God's power over evil this Halloween. Plan a costume to represent a hero of faith, i.e, The Great Martyr Demetrios, The Holy Archangel Michael.
- Disciples of the Lord are good soldiers of discipline such as: being on-time, putting things away after using them and doing your chores. Work on improving your discipline each day.
- How many Apostles Feasts are remembered and celebrated in the month of October? Who are they?

### Special Event

**Arrival of Metropolitan JOSEPH with the Diocesan Bishops** - Great Vespers, Saturday, October 24, 4 p.m.

**Groundbreaking Ceremony and Prayers for the construction of our new church** - Saturday, October 24, 5 p.m.