

The Heavenly Host

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Volume 1, Issue 7

October 2001



SAVE THE DATE--

Chili Cook-Off, hot dogs and Backgammon Tournament will be held on Sunday, October 21st.

For more information please contact Neda Toomey (818) 780-5758. Sign-up today!



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Pastoral Message by Father Timothy Baclig

The American historian David McCulloch recently said in an interview that the event of September 11th “makes us individually come to terms and wake up to what really matters: our homes, our family, our freedom.” He went on to say, “We are now living in a moment when selfishness and self-importance is not only of any fashion, it is no longer of any importance.”

Our national, state and city officials have asked all of us to return to work, to help our country resume the level of normality it needs to once again function as a free-enterprise society. For in doing so, we demonstrate how terrorism will not win in destroying our liberty and all that we, as Americans consider important as members of the free world.

Truly the events of September 11 have backfired on the terrorists. They have united our country, and as David McCulloch observed, caused us to become more keenly aware of our life and freedom as something we can no longer take for granted.

More importantly, however, we have all learned something about our nation’s real priorities and have begun to learn how we must think differently about war, our enemy, the religion of others and our country as a “super power.” Furthermore, some of what were growing problems are now replaced with new and more serious concerns.

Do you remember how the overcrowding of our nation’s air-space and the difficulties of air traffic controllers seemed to only be solved by building more airport runways and developing larger aircraft? Do you remember how more government regulations only meant cramping our lifestyle and adding more inconveniences to our schedules? Do you remember how the daily reporting of suicide bombers in Israel, was becoming less of an important headline? Do you remember how the private lives of our politicians were the front page stories with tabloid news and American preoccupation? We as Americans found evil to be very intriguing, even entertaining. If it was the same old story we grew numb to it. News was no news unless it was dramatically portrayed as a continuing soap opera. We felt very strongly about anyone invading our personal privacy, but were also so endlessly curious about the private lives of others.

No doubt, there is a new awareness in our country of what it means to be an American citizen. There also have been numerous and very visible daily expressions of our faith in God—something which was not very long ago not politically correct. It is my hope and prayer that as we resume whatever we consider a “normal American life,” the fear we have experienced as a nation will cause us to truly change how we

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Thoughts from my college friend, Bill Moore. Submitted by John E. Andrews

Hello everyone -

Greetings from Paris. In the past few days, in the wake of the attacks on the United States, I have received so many emails from friends and family asking both what are things like in France and what do I think, that I thought I would try to compose an articulate response to all of you. If you are not interested, please read no further and delete this message.

How are things in France? Solemn.

I believe the majority of the French population is as shocked as we. In the past few days, the bubbly audacious French spirit has been notably dampened. Emotionally, things here are heavy. People perceive that the attack against the United States had grave consequences for this culture as well. The memory of the American participation in the Liberation of France during WWII - especially of the sacrifices on the beaches of Normandy - have been reawakened.

On the personal side, I have been overwhelmed by the response of the French that know me. ON the 11th and 12th, my telephone did not stop ringing. So many people called expressing their sympathy, and inquiring if my family was well. Literally, as soon as I would hang up the phone with one conversation it would ring again with another person calling. This includes people I know only peripherally - like the people I purchased my apartment from.

The religious services here for the American Community have been multi-denominational including all Christian beliefs, Judaism, Islam, Buddhism, etc. People from all nations are attending. These services are emotionally overwhelming and, at the same time, comforting. It is a very, very, hard time to be an American overseas.

France is also on a high state of alert. France is, unfortunately, familiar with terrorism. "Vigipirat", a plan of vigilance against attack, is in effect. Public trashcans are capped shut to prevent bombs from being placed in them. Police are very present - in the metros, in the large shopping centers, at the museums. Taped messages in the metro, trains stations, and (I imagine) in the airports, remind people that France is in a state of alert and "Vigipirat" is in effect. It reminds you to keep your bags in hand. If you see baggage that is not "in hand" to report it immediately. This message plays every 90 seconds.

Yes, I believe the French, and the Europeans, are standing side by side with us. Yes there is a small segment of society here that believes that "America got what they Deserved" (I also heard reports of people in Los Angeles dancing in the streets.) In France this sentiment comes mostly from a very small group of Middle Eastern and North African immigrants, normally young men, from poor, uneducated, segments of the society.

The French Government has expressed its most sincere and profound sentiments to America. I personally feel that resolve in my daily interactions and conversations with people here. You may have heard that the French Government has pledged its support to the United States; however, this support is not a "Carte Blanche." If you have heard this in the news, please do not be surprised. I think this is normal. I think it is a caveat. The French people, as most American's, would not support an irrational course of action by the United States Government knowing the full extent of its military might. Here in France, there is confidence

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Letter from my friend in Paris, France, continued

(Continued from page 2)

that America will do the right thing and that France will stand beside us, if not participate with us. Again, the majority of French believe this attack was an attack against their culture as well.

There has also been interesting reporting here in France about the reaction in the United States. It proves to me that the populations of even our close allies do not understand us. The reports, every day, bring up how quickly, strongly, and amazingly the United States has come together. The infighting, discontent, and bickering that is common in our (and all) national Politics has "evaporated." Our society - Rich and Poor, Labor and Executive, White and Other, have closed ranks in a way that few non-Americans can comprehend. The French are amazed. The unity of American Soul in its resolve is awe-inspiring. "United We Stand".

What do I think?

That is the tough part. I don't know if my thoughts will make sense. Words cannot begin to express my emotions of grief, horror, shock, and anger. But the questions that return to me so often are "Why?" "What can we do?", and "What have I done, what have We done, to deserve this?"

I remember my 8th grade history teacher... Dr. Hughes. "Those who do not learn from history are destined to repeat it." I think of the fall of Rome - 476. I think of the French Revolution - 1789. I think of US television that is shown throughout the world - the images of wealth and easy living. Cars. I think of big houses that I have lived in - do live in - that have rooms that I do not use every day. These houses have indoor toilets. More than one. I think of fancy dinners. I think of meals stored in the freezer.

Then I think of people who live in cardboard boxes and tents. I think of people who struggle every day to have enough food to eat. I think of people who struggle every day to find fuel to cook with and to heat their home. I think of people who wear the same shirt every day because it is the only one they have. And I know these people see images of America on the TV - be it at the corner bar, or when they go to the city. They see sit-coms. They see "Dynasty." They see "Dallas".

Then I think of people who want power. People who manipulate religion. People who use the images of wealth and easy living from the United States - and work them.

I realize we are not fighting another Nation. I also realize we are not fighting another religion. We are fighting the manipulation of an Ideology. I think we must react. I think we must also act.

I believe that this Bin Laden is the Taliban. I think he is a very intelligent, wicked man who seeks power. He moved himself to Afghanistan, realizing that it is a devastated nation that he could - using his fortunes and his charisma - manipulate to his will. I believe he has set up the Taliban government, and has operated as its executive - covertly. He chooses not to be "official" because that would increase his accountability and geographically limit the sphere of his influence. He is manipulating Islam to serve him. If he were announced as the executive official of Afghanistan, regional nationalism would limit his bid for power. As it is, he has established strong allied bases pocketed within nations that have either Islamic governments or have large Islamic populations. The vast majority of these governments fear Bin Laden and the threat his

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Letter from my friend in Paris, France, continued

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sect poses to their Government.

I believe these acts of terrorism against the United States were planned by him to force us into war. And I believe he wants this war to be big. He, and his allies will do everything they can to link any movement against the Taliban or Bin Laden to a movement against all of Islam - its nations and peoples. Bin Laden will seek to radicalize any action taken by the US and its allies in an attempt to unite all of Islam behind him. I also believe he has in place, waiting, further attacks. Most dangerous is that he and his have nothing to lose.

I think, after we have dealt with Bin Laden, to stamp out the hatred he has created will take a long time. Generations. I think it will require something not unlike the Marshall Plan after WWII.

Furthermore, to eradicate this hatred is something that I, all of us, cannot leave only to the Governments of the United States and its Allies to direct and to coordinate. It is something all of us must participate in on a daily basis. We must show that the might and wealth of America is not the result of the suppression and abuse of Third World peoples (an image portrayed), but the result of invention, hard work, cooperation and tolerance. I think all of us should begin to consume less. I think we should share more.

We must also learn from the lessons of Israel. Long-term military occupation and suppression doesn't work. It only increases the hate and exacerbates the violence.

The ideology that we confront is an ideology of absolutism. It is tyranny. Tyranny against philosophy. Tyranny against scientific investigation. Tyranny against education. Tyranny against culture. It is abusive. Ask any woman living under Taliban rule. No, it is not religious. It is the abuse of religion by a group of crafty men in order to gain power for themselves. As an American, I detest tyranny.

Like most everyone now, I am still reading and learning. Time will bring more clarity.

I stand united with my country. I have faith that President Bush and the Ladies and Gentlemen who act as his council are now in the process of considering and executing the correct, just, and moral response to this attack. God speed to them. Yes, God bless America. And God bless the Spirit of Liberty and Tolerance throughout the world.

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now think about all that God has blessed us with: our home, our family, our freedom. Hopefully, we Americans will **not** be returning to "business as usual," perpetuating a way of life which uses freedom for selfish gain. Hopefully more Arab Americans, Christian and Moslem, will discover the many opportunities to serve their country in the military, government intelligence and public service; including the English media and fields of public education; helping to bring a positive change in the thinking of our government and its foreign policy. As previous generations have themselves learned, and our current generation is only beginning to learn: freedom isn't free. There is a price to pay. There are sacrifices to make if we are to be responsible citizens of a country we value so much.

What we all saw on television on September 11 was not a movie. It was not even a "reality" program. It was a new kind of war, but a very old evil.

St. Michael Church
www.stmichaelvannuys.com
OCTOBER

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|---|
| | 4:00 pm-Classrooms (1-6) Rented 1 | 7:00 am-Kitchen & Banquet Room Rented 7:00 pm-Classrooms (1-6) Rented 2 | 7:00 am-Kitchen & Banquet Room Rented 3 | 7:00 am-Kitchen & Banquet Room Rented 4 | St. Paul Greek Seminar (Irvine) | |
| | | | | | 5 | 6:00 pm-Kitchen & Banquet Room Rented 6 |
| St. Spyridon Church, San Deigo Fundraiser | 4:00 pm-Classrooms (1-6) Rented 7:30 pm-Parish Council Meeting in Conference Room 8 | 7:00 pm-Classrooms (1-6) Rented 9 | | | | 6:00 pm-Kitchen & Banquet Room Rented 13 |
| 12:00 pm-Ladies Guild Meeting Classrooms (5-6) 7 | | | 10 | 11 | 12 | |
| SUNDAY OF THE HOLY FATHERS 14 | 4:00 pm-Classrooms (1-6) Rented 15 | 7:00 pm-Classrooms (1-6) Rented 16 | | 7:30 pm-Kitchen, Banquet Room & Classrooms Rented 18 | | 6:00 pm-Kitchen & Banquet Room Rented 20 |
| 5:00 pm-Aegean Café, Laguna Beach Fundraiser | 4:00 pm-Classrooms (1-6) Rented 22 | 7:00 pm-Classrooms (1-6) Rented 23 | | | | Icon Painting Workshop, Irvine |
| 12:00 pm-Chili Cook-Off and Backgammon Tournament 21 | | | 24 | 25 | 26 | 6:00 pm-Kitchen & Banquet Room Rented 27 |
| | 4:00 pm-Classrooms (1-6) Rented 28 | 7:00 pm-Classrooms (1-6) Rented 29 | HALLOWEEN 31 | <i>Regular Services in August</i> Saturdays: <i>Great Vespers at 5 pm in the Chapel.</i> Sundays: <i>Orthos at 8:45 am & Divine Liturgy at 10:00 am in the Church.</i> <i>Confessions are arranged by appointment or prior to services.</i> | | |

Things to See and Do

submitted by Carrie Skaff

Los Angeles County Museum of Art (LACMA): (323) 857-6000; Closed Wednesday.

Getty Museum: “Walker Evans & Company: Works from the Museum of Modern Art” through October 28, 2001. (310) 440-7300; Closed Monday. Reservations needed during the week. No reservations after 4 pm weekly or on weekends. Parking is \$5.

Museum of Contemporary Art (MOCA): “David Hockney-Photo Works” ends October 21, 2001. (213) 626-6222; Closed Monday.

Norton Simon Museum: Newly Remodeled (626) 449-6840; Closed Tuesday.

San Diego Museum of Art (Balboa Park): (619) 232-7931

Bowers Museum of Cultural Art: (714) 567-3600; Closed Monday.

Don't forget about all the events at the Hollywood Bowl this season, the plays and operas at the Music Center in downtown Los Angeles and the “Lion King” in Hollywood at the Pantages Theatre.

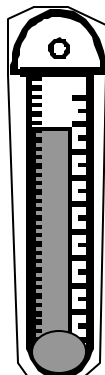
“I don't know what your destiny will be, but one thing I do know: The only ones among you who will be really happy are those who have sought and found how to serve.” — Dr. Albert Schweitzer

Stewardship News

Please remember to inform the office of any changes to your address or phone numbers. Thank you.

To date, the church office has received about 73% of the pledge cards. Our goal remains at 100% but the way things are going, we'll settle for 80%. Please fill out your card and submit to the church office.

In the next few months, look for our revised Visitor Card and guest offering envelopes. If you have any ideas or helped to work on the current cards or envelopes, please contact the Stewardship committee.



Other Announcements

The bookstore is open after Liturgy each Sunday. Please see Andy or Bobbie Monsue for gift ideas.



Advertise in our newsletter to help defray our costs. Business card sized ads are available and will be placed in every issue at \$15 per ad per issue.

Did you know you can use your *credit card* to pay your pledge? You can have funds charged monthly or annually; what a great way to earn bonus miles. Either way you're writing a check.

Sermon given on September 23, 2001 by Michael C. Srour

Besides being a member of this parish I am also the North American Fellowship of St. John the Divine Treasurer; I asked Fr. Timothy to speak with you today on the Fellowship. The reason I selected today to deliver my message today is for two reasons: the 4th Sunday in September is designed by the archdiocese as "Recommitment Sunday" and Wednesday September 26th is the feast day of the Fellowship Patron – John the Theologian or rather the Divine.

Some of you may ask what is the Fellowship? The fellowship is a lay organization of the archdiocese, which is the legacy from what was Senior SOYO. The Fellowship purpose is primary to encourage and promote the fullness of the Orthodox faith. In a broad sense the Fellowship is each one of us here today. We are all should live the fullness of the Orthodox faith and work for our church. Some of you may say, 'we do not need an organization to do that, and you are correct, what the Fellowship does is give us specific projects that allow us to enhance our faith as did SOYO. With the election of our new North American Officers at the Convention in Los Angeles, we are turning the Fellowship focus in two directions promoting the creation of Fellowship organization on the Parish level for the young adults (ages 18-40) and have the Regional and North American Fellowship work towards achieving this goal through its projects – which I will mention later.

The Fellowship can be an aide for the local parish in promoting the Orthodox Faith, gathering resources and promoting lay ministry. The Fellowship can assist the parish by forming Young Adults fellowship, which can fill a void in their lives from post college age to 40. If we do not minister to this age group we would lose the next generation from our Church. However, here at St. Michael we have some young adults in this age group but we do not have anything for them. What we need is to form a young adults group that can promote volunteers in the Church and give the young adults a group in the Church for them. Like most Americans I have seen the tragedy in New York and District of Columbia, one thing comes to mind all the volunteers assisting in the clean-up, donating bottled water and food. This is indeed a form of the Fellowship – mobilizing Volunteers to do the good works of the Church.

The Fellowship can also assist the Priest in to do some of ministry of the Church, and be a resource of information. The fellowship have various projects that can assist the Priest in doing his ministry, like training chanters through the St. Romanios Chanting Program, promoting current Missions through the Regional Mission Council, in fact in western Region we have a Mission endowment to raise money for our Missions on top of the Mission council, currently we have raised close to \$13,000 through donations and recording and selling a Christmas CD – which Fr. Timothy was involved with. One of the Fellowship most successful projects is our Archdiocese website. The website have 1000's of articles on our church, weekly Bible Study, Sunday readings, resource manuals for Youth Ministry, Christian Education and press releases from the Archdiocese. After the Tragedy on September 11th the Archdiocese had a Press Release on the website that afternoon. The Fellowship can also assist the parish as a whole by making these resources available and encouraging volunteers and promoting the entire parish to re-commit their lives to the church, not just today but for their entire lives one way to make this commitment is making our Church fiscally strong for the future. One way to fulfill this commitment is making the lifetime commitment to the Order of St. Ignatius, which has raised over \$12 million Dollars for various Archdiocese projects in the past 25 years. The Order of St. Ignatius is an example for all of us by committing ourselves to a lifetime of service for the Church; this was one of the reasons that I joined St. Ignatius in June 1997 and was upgraded to a Life Member this past July at the Archdiocese Convention, This how the Fellowship can help the local parish by promoting Lifetime commitment to the Church, which helps us build on the future.

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Sermon from Michael C. Srou, continued

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I hope I do not come across focusing primary on the money, but as a treasurer I do not just try to have balanced, balance sheet, but look towards the future, this what I did the past two years as Western Region Vice President which the Mission Endowment Fund to raise money for future years so we can increase the monthly stipend we give to current Missions, in fact this year that $\frac{2}{3}$ of the Parishes in Western Region contributed towards our Missions Funds and we were able to increase the monthly stipend we send to the Missions. Besides the Missions Council, NAC Fellowship and Western Region have several projects from planning the Regional Parish Life Conference's, St. Romanios Chanting Program, Charities like Food For Hungry People, World Food Day and Children Relief Fund, running and planning the Oratorical, Bible Bowl and Festivals at the Parish Life Conference.

One new project of NAC Fellowship is a Library project by donating Orthodox Materials to a local Library, this project shows the generosity of our Church' in promoting education and can encourage someone to learn more about our faith. Through Lite and Life Publishing Company they will sell you a Library starters kit of ten Orthodox Titles that you can donate to your local Library for \$175.00. As some of you may not be aware but Fr. Timothy for the past 9 years has been the NAC Teen SOYO advisor and he reminded me that this project was first conceived with NAC Teen SOYO to promote Orthodox Education Month on the Local level, by the current President of NAC Fellowship who was then the NAC Teen SOYO President. This project is an excellent example how we can bring the Fellowship to the local level and even bring it to our communities as well.

The Fellowship North American officers will be meeting next weekend in Detroit to develop a new program for the Fellowship. Some of the ideas for future projects we are considering in promoting future Orthodox Camps throughout North America, or recommitted our commitment to Orthodox Education through supporting our Seminarian. This organization is vital to the work of the Church and is needed on the local level to promote its worthwhile program and encouraging life long commitment to the Church.

Christmas Festival Update

The Ladies Guild is in the midst of planning their 1st Christmas Festival. Among the many events will be a Christmas Boutique, a beautiful display of baked sweets, a silent auction and a delicious dinner. The highlight of the evening will be the raffle of a seven foot artificial Christmas tree, fully lighted and decorated, with magnificent ornaments and valued at \$2000.

Raffle tickets will be sent to all parishioners and will be priced at \$5 each or 5 for \$20. It is very important that all parishioners sell not only to themselves, but to neighbors, family and friends. The winner of the tree need not be present and the tree will be delivered to their home at no charge. All net proceeds will go towards reducing our mortgage.

The dinner ticket is priced at \$35. Children 11 and under

can purchase tickets for \$10 each.

Many of our traditional sweets will be baked and sold that evening. They will include Baklava, Date and Nut Mamoul, Graibe and Macaroons. There will be wonderful Christmas cookies as well. We will need help baking and packing during the week of November 26-30, 2001. Chairperson in charge of baking is Carrie Skaff. Please call her to help at 818-501-3477.

We are in need of monetary donations to help off-set the expenses. Please contact Sondra Love.

Also, we are in need of any hand crafted or hand-made items. We are collecting anything you can give every Sunday after church. Please call Charlotte Murr if you have questions at 661-296-4630.

Teen News

Special Olympics Awareness Day

On October 21, 2001, our North American Council of Teen SOYO is sponsoring its annual Special Olympics Awareness Day. You may be wondering what is Special Olympics Sports Camp (SOSC) and what purpose does it serve? The SOSC helps to create opportunities for sports training and athletic competition for mentally and physically challenged young people.

The North American Council (NAC) of Teen SOYO annually sponsors the SOSC for the Commonwealth of Pennsylvania at the Antiochian Village. NAC Teen SOYO covers the costs for the athletes in Pennsylvania to participate in a week of athletic competition along with inspiration. Besides training athletes, social events are incorporated into the schedules. They include talent shows, hay rides and bowling outings. This year there were 130 Special Olympics Athletes for one week of sports training. The enlightenment and love experienced during this one week through these simple activities is indescribable.

The youth of our Archdiocese volunteer their time and energy as coaches to these special athletes. As the teens serve at the Village, they always receive much more than they can give. It is only by serving and giving of ourselves to others that we come to learn the value of life. The energy of love overflows from these athletes in such a way that the Teen SOYO volunteers find it difficult to leave the pureness and beauty experienced during this week.

Your financial assistance will enable Teen SOYO to sponsor the SOSC. Look for information regarding our "Turkey Raffle" in November. Your help throughout the past two decades has allowed us to touch the lives of thousands of young people. In the past we sent a video of this ministry to your parish, which is available for you to view and experience the exhilarating events NAC Teen SOYO SOSC has to offer. Your generosity has allowed the athletes to experience a week of hope, love and fulfillment. At the same time, you have helped us fulfill our mission to serve. You will receive an icon print of Saint Philip the Apostle to keep with you as an expression of our gratitude. This icon was chosen in celebration of Metropolitan Philip's 35th Anniversary.

Please help celebrate the twenty-fourth anniversary of NAC Teen SOYO SOSC and allow the teens to continue to serve in the name of Christ! **THANK YOU AND GOD BLESS YOU.**

From the Ladies Guild

Gift certificates are available each Sunday in the Community Center. A portion of each dollar is donated to our Church and is applied to our mortgage. Buy your scrip today!

You're all invited to sign up for Holy Bread & to host a coffee hour. Please call Leila Abu-Ghazaleh for more information on open dates at (805) 522-4797.

Spiritual Bouquets: Donations are offered in memory of the deceased in lieu of flowers. If you wish to participate, please see Jeannette Aboud.

Pageant of the Masters: 45 people attended this year's event in Laguna. Make your reservations now for next year's event. Please contact Carrie Skaff at (818) 501-3477.

Nixon Library Tour: Bus will leave church parking lot at 8:30 am on *Saturday, November 3, 2001* via car-pool to tour the Library and plan to have lunch together after the tour. Please let Carrie know if you can drive and how many passengers you can accommodate. The cost is as follows: \$3.95 for Seniors ages 62 and over AND college students with I.D.; \$5.95 for adults under age 62 AND children over age 12; \$2.00 for children between ages 8-12.

ST. MICHAEL ANTIOCHIAN
ORTHODOX CHURCH
OF THE SAN FERNANDO VALLEY

V. Rev. Fr. Timothy Baclig, Pastor

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NOTICE

A new church directory is being worked on to be distributed by the first part of November 2001.

If you have any changes or wish not to have your address or phone number published, please call the church office.

Thank you.

Recipe of the Month

Thai Chicken with Cashew Nuts and Dried Chilies

3-4 boneless, skinless chicken breasts
1 Tbsp. coriander paste (see below)
1-2 Tbsp. vegetable oil
5 dried red chilies
½ cup roasted unsalted cashew nuts
1 medium onion, diced
½ cup chopped celery
1 tbs. nampla (fish sauce)
2 Tbsp. ground red chili sauce (or President's Choice Thai Fiery Dipping Sauce)
Hot white rice (enough for four servings)
Green Onions for garnish

Slice the chicken breasts into one-inch strips, and rub each strip with a small amount of coriander paste. Let stand for about 20 minutes (chop the vegetables while waiting).

Heat oil in a wok or large skillet, over medium-high heat. Fry the chilies until they become crisp. Remove the chilies from the oil, and chop them as finely as possible - wearing rubber gloves is advised. Add the chicken to the oil, and stir-fry for about 5 minutes, or until no pink color can be seen.

Add the onion and celery and stir fry for another 2-3 minutes. Stir together the nampla and hot sauce, pour over the chicken, and stir-fry for an additional 2 minutes. Arrange white rice on a serving platter, and serve chicken over the rice. Sprinkle the cashews and chopped chilies over the chicken, and garnish with green onions (chopped or curled). Serves 4.

Coriander Paste:

½ cup finely chopped coriander root
½ cup finely chopped garlic
½ tbs. white pepper
1 tsp. salt

Grind all ingredients with a mortar until you have a smooth paste. Store in refrigerator, well covered.

This dish is HOT!!! You may want to leave the chilies off, and allow each person to add them to their own taste.

Gloves are strongly advised when handling the dried chilies. No matter how many times or how vigorously you wash your hands, some of the oil will remain, and if you happen to touch your eyes, they will be red for hours. I know this from experience. Any ingredients that you cannot find in your regular grocery store (nampla, Thai hot sauce, dried red chilies) are readily available at any oriental grocery.